

PITT Nurse



THIS ISSUE:

MAKING A DIFFERENCE THROUGH LEADERSHIP



About the cover: Leadership takes many forms. In 1943, three Black women were admitted into Pitt's nursing program for the first time in history. Rachel Poole, Adena Johnson Davis, and Nadine Frye broke the color barrier for future generations of Pitt nurses and went on to a lifetime of achievements.

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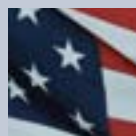
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IT'S ALL THERE

CHECK OUT THE UNIVERSITY OF PITTSBURGH SCHOOL OF NURSING ALUMNI SOCIETY WEB SITE FOR THE LATEST ALUMNI NEWS. VISIT WWW.NURSING.PITT.EDU AND CLICK ON THE ALUMNI SOCIETY ICON AT THE BOTTOM OF THE PAGE. FROM UPCOMING EVENTS AND MEETINGS TO EVENT HIGHLIGHTS AND MORE, IT'S ALL THERE!



THE UNIVERSITY OF PITTSBURGH School of Nursing's reputation as a prestigious institution continues to manifest itself on many fronts.

The school increased enrollment in the traditional undergraduate program, with a 150 percent increase in annual new nurse graduates over the past five years. An accelerated second degree BSN program prepares more nurses for the workforce, while Fast Track Back, a continuing education program, prepares nurses returning to work. Because 80 percent of the school's PhD graduates enter academic careers, increased resources have been directed to full-time PhD study to ensure timely completion and entry into academic careers.

Doctorally prepared faculty increased from 66 percent to 77 percent (an 11 percent increase) over five years, and the number of tenured faculty has nearly doubled. School of Nursing faculty hold significant leadership positions in regional, state, and national organizations. Many of the organizations influence policy that directly impacts health care delivery and health care education. Faculty leadership positions include advisory and review groups at the National Institutes of Health (NIH), non-NIH national and international organizations including interdisciplinary groups, and review groups for national organizations that provide funding for peer-reviewed research.

In addition, faculty are lead authors on more than 80 reviewed articles or book chapters, and 64 percent of our full-time faculty have active research activity. The emphasis on research productivity and quality is reflected in the school's rankings—currently ranked sixth in NIH funding, third in number of NIH research grants, and seventh overall in the 2008 edition of *U.S. News & World Report's America's Best Graduate Schools*, with several individual programs ranking even higher.

The rankings in turn have helped attract outstanding students: This year's entering class had an average SAT score of 1232, and 56 percent were in the top 10 percent of their graduating class. The school enrolls one in eight, or 12.5 percent of applicants, with approximately 50 percent of those admitted enrolling. We have the highest four-year graduation rates in the University, and in 2007 we had our first University Honors College graduate.

All of these accomplishments reflect the school's standing as one of the leading schools of nursing in the country. In this issue of *Pitt Nurse*, we consider yet another indication of the school's excellence: leadership.

This is the second issue in our series looking at ways Pitt nurses are making a difference. In the last issue, we focused on Pitt nursing alums making a difference by implementing evidence-based practice in a community-based hospital in a rural setting. In future issues, we will focus on Pitt nurses making a difference

through research, technology, and community health nursing. We are proud of all of our Pitt nursing alumni. With more than 11,000 graduates from the school's baccalaureate, master's, RN Options, and doctoral programs, there are thousands of stories; we have presented just a few here.

If you have a story we should tell, please be sure to complete the What's Happening form, now inserted as a postage-paid self-mailer in the center of the magazine, so we can update your information. We added some questions to help identify stories about nurses who are making a difference for the next issue of *Pitt Nurse*. A downloadable pdf of the What's Happening form is available on our new Web site that you can fill out online and send to us electronically, if you prefer. Or, feel free to call our alumni office toll free at 1-866-217-1124. However you choose to stay in touch, please let us hear about you and what you're doing!

A handwritten signature in dark ink, appearing to read 'Jacqueline Dunbar-Jacob'.

JACQUELINE DUNBAR-JACOB, PhD, RN, FAAN
DEAN, UNIVERSITY OF PITTSBURGH
SCHOOL OF NURSING



Friends in Unfriendly Times



IN 1943, THREE BLACK WOMEN were admitted into Pitt’s nursing program for the first time in history. **Adena Johnson Davis, Rachel Poole, and Nadine Frye** celebrate the 60th anniversary of their graduation—and a lifetime of achievement in the Pittsburgh medical community.

Johnson Davis, BSN ’47, remembers marching up to the front desk at the University of Pittsburgh School of Nursing, plunking down her test scores, report cards, and transcripts. She had been an A student at Peabody High School. For sure, she thought, this will get me in. The school’s secretary, a pretty White woman with a lilting Southern accent, gave it to her straight: The school was not accepting Blacks.

That same year, a slender, self-assured young woman, coaledictorian at Westinghouse High, went to every nursing school in the city. They all said the same thing. Whites only.

“I was absolutely livid,” remembers Poole, BSN ’47, who later became the first Black director of nursing at Western Psychiatric Institute and Clinic.

A year later, both women got in. Along with Poole’s friend Frye, MLIT ’51, BSN ’47, they broke the nursing school’s color barrier. When they donned the [nursing] pins for the first time, another brick in the wall of racial segregation had fallen.

Life for Black college students at White schools such as Pitt in the 1940s could be isolating and full of trials, says Consuella Lewis, an assistant professor of education at Pitt. “They were always haunted by instructors who didn’t feel they belonged there. Classmates treated them like they were invisible.”

Except for all-Black universities in the South, little opportunity existed for Blacks in higher education. Those who did get into White schools faced extraordinary segregation, Lewis says.

Those Blacks who did get in were the cream of the crop. “They had to be exceptional students, way beyond the standards required of other students,” Lewis says.

Johnson Davis, Poole, and Frye fit that bill. They were raised by men and women who had come of age in the Jim Crow South, who insisted their children become “somebody.”

“They wanted us to make our mark on the world,” says Gertrude Johnson Wade, Poole’s cousin who later became the first Black female principal in the Pittsburgh school system. Johnson Wade said her parents came from a generation of Southern Blacks for whom slavery was a not-too-distant memory. “A lot of parents had histories—of being on plantations—and they had the real desire to see their kids make it.”

Edward Lee Johnson, the man who raised Poole, came to Pittsburgh in 1903 from Virginia, with a fourth-grade education. Poole’s aunt, Laura Belle Johnson, had come to Pittsburgh with an eighth-grade education.

“They had limited formal education but were very wise people,” Poole says. “There was no question that [Gertrude] and I were going to go to school every day, do well in school every day, and go to college. We were never told that. We just knew that they expected it, and we did it. It was as simple as that.”

Johnson Davis’ father, Theodore Johnson, came to Pittsburgh from Georgia with a third-grade education. While working as a garbage carrier, he went to school at night. He eventually got a high school diploma and took classes at Pennsylvania State University. He became a union shop steward and later a state representative.

Opposite page, left: Nadine Frye (second from left), Rachel Poole (center), and Adena Johnson Davis are shown with friends in 1943 or 1944. Right: Alpha Kappa Alpha sorority for African American women. Nadine Frye is shown fourth from the right, back row, and Rachel Poole is in the center directly behind the “K.”

MAKING A DIFFERENCE THROUGH LEADERSHIP



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“There was always this emphasis on studying and learning in my house,” she remembers.

All three could have gone to all-Black schools in the South. In 1942, after Pitt turned her down, Johnson Davis went to Fisk University in Nashville, Tenn., for a year. But Poole didn't want to leave town.

“I refused umpteen scholarships [from Black schools]. I figured, ‘I live in Pittsburgh, I should be able to go to school here.’”

Frye, who'd slept with a picture of Florence Nightingale tacked to the wall above her bed as a child, wanted to work as an Army nurse to support the war effort. But she didn't want to go south, either.

The government, in need of nurses for the war effort, threatened to pull funding from Pitt's Cadet Nurse Corps

program if it continued to bar Black students. “They wanted that federal money,” says Johnson Davis.

After graduating from Pitt, Johnson Davis went on to have a long career at Magee-Womens Hospital of UPMC and the Veterans Administration hospital, where she became head nurse. She wanted to become a nurse after watching her mother go to the hospital time and again while growing up. Poole had grown up giving her mother medicine from a little amber bottle. Her mother died of abdominal cancer when Rachel was nine.

“I would sit there and look at that glass until it was time to give it to her. I felt powerless, helpless, absolutely. I remember thinking, ‘When I grow up, I'll never feel this way again. I will never not know what to do with someone who's sick like my mother was.’”

By the fall of 1943, the three women were practicing how to administer shots

on each other, take blood pressure, and shampoo a patient's hair. In a few years, they would be working in hospital wards.

Once they were accepted into the program, Poole felt confident the three would succeed. “Admission was the challenge,” she said. “Once we got in, we said, ‘We're smart. We'll do well.’ I just knew we were going to make it.”

There was no question that each had the drive. Poole, who later earned a PhD in education and became a nursing professor at her alma mater, worked 48-hour jobs in addition to taking a full course load her first year.

Gaining acceptance from White students and faculty was another matter. There were certainly friendly White students. Johnson Davis became good friends with one, Rosemary McNamara Kelly (BUN '47). Kelly remembers an assignment at Western Psychiatric, when

“I refused umpteen scholarships [from Black schools]. I figured, ‘I live in Pittsburgh, I should be able to go to school here.’”

one of the hospital’s nurses objected to Johnson Davis’ rooming with White nurses.

“She was from the Deep South, and she thought things should be like the Deep South. The woman absolutely wanted Adena in there by herself,” said Kelly, 84, of Halifax, Pa. “I said, ‘We’re friends and we pick who we room with.’”

But other Whites kept the Black students at arm’s length, remembers Johnson Wade, who was enrolled in the School of Education at the time. “We didn’t get the kind of help and attention that [White] students got.”

Frye and Poole joined Alpha Kappa Alpha, one of the nation’s oldest Black sororities. They spent many hours studying in the Cathedral of Learning or hanging out with other Black students in the “tuck” shop—’40s slang for cafeteria—smoking cigarettes and drinking Coke.

Though they had broken the color barrier for nursing in Pittsburgh, Frye and her classmates never stopped to ponder their place in history.

Yet they knew many eyes were on them.

The nursing school dean called them into her office one Halloween. There was a dance that night for students at the medical and nursing schools. None of the three had planned

on attending, but the dean told them to show up. The nuns from St. Francis Hospital wanted to see how the Black students mixed with White students. The dean had one word of caution, however. No dancing with the White medical students.

That evening, dressed in a hastily arranged fortune-teller costume, with the eyes of the nuns on her, Frye remembered feeling a surge of pride. “We knew that other Black students were going to be admitted to St. Francis,” said Frye, who later earned a PhDEduc and taught mental health nursing at Pitt.

The scrutiny didn’t end there. A janitor told Johnson Davis that the nuns had been through her dorm room, inspecting her housekeeping abilities. They found the room spotless.

St. Francis integrated its nursing program shortly after Pitt.

Signs of racial prejudice were not hard to find for the young women.

“One patient said to me, ‘I want a real nurse,’” Poole remembers. “I said, ‘You got one right here, so let’s get going.’”

While on an assignment in Braddock, Poole tried eating lunch at a restaurant there but was turned away because she was Black. “I took it to the magistrate,” she remembers. “And the University was furious with me. They told me I needed to quit, or they would expel me.”

“As a young Black woman, I had no power, whatsoever, none. And I’m being threatened by the dean and the chancellor. I had worked hard for five years, and I only had a few months left, and they were going to expel me for standing up for my rights.”

Eventually, the school backed down, and Poole kept her academic standing.

Pitt’s current dean of nursing, Jacqueline Dunbar-Jacob, says she marvels at what the three women were able to accomplish. “They did it without alienating others. They did it in a way that allowed others who had been saying no to them to step back and say, ‘Gosh, I wonder why we said no to these people?’”

All three women are active in the alumni association and in recruiting Blacks into nursing. Pitt named a scholarship after Johnson Davis that goes to a promising African American student.

“I was proud of Pitt for letting us in, no matter how they let us in,” Frye says, “because they were the first.”

Written by Reid Frazier

Cover photograph by Renee Rosensteel

Historic photographs courtesy of Rachel Poole

This excerpt first appeared in the winter 2008 issue of *Pittsburgh Quarterly* and is reprinted with permission.

Leading by Example:

Pitt Nurse
Legacy Laureates
Make a Difference
on Many Fronts

ESTABLISHED IN 2000, the Legacy Laureate program recognizes University of Pittsburgh alumni for their personal and career achievements, while providing them with an opportunity to contribute to the success of today's students. Members of the group represent a broad array of disciplines, including business, medicine, journalism, law, government, sports, social services, education, and the arts.

Legacy Laureates are individuals who have achieved exceptional success in pursuit of their life goals and who continue to inspire us by their example. The goal of the program is to recognize these individuals as living examples to our students of the potential for excellence that exists within our University community. The supporting rationale for the Legacy Laureates program was developed from the idea that no one is a better role model for a student than an alumnus who has been successful in his or her chosen professional field. The program enhances the academic curriculum in an exciting and meaningful way by providing opportunities for close and personal contact among eminent alumni, students, faculty, and University administration on all campuses.

Over the past eight years, the Legacy Laureates program has honored four School of Nursing alumni in recognition of their outstanding personal and professional accomplishments.

Though working in very different settings, these four Pitt nurses tell stories that echo a common theme: Leadership is a skill best demonstrated by example. And through that leadership, they continue to make a difference both in the lives of the people they touch and the industry that surrounds them.

Whether working on the front lines of a refugee camp on the Thai border, guiding victims from the wreckage of a terrorist attack, or conducting clinical trials involving brain tumors, nurses are the health care professionals who make the greatest direct impact on people's lives.



Colonel Patricia Horoho

2007
Legacy
Laureate

THERE WAS A TIME when **Patricia Horoho** considered becoming a teacher. Her family supported her dreams of higher education, but they also had another career in mind.

“My grandfather always said, ‘Get an education, because it’s the one thing that someone can’t take away from you,’” recalls Horoho, MSN ’92, RN. An Italian immigrant who worked in coal mines, her grandfather was so impressed by the nursing profession that he put her cousins through nursing school.

Seeing the positive impact those cousins were able to make, Horoho’s mother advised her to follow in their footsteps. Little did she know the legacy of that decision would be so profound.

On September 11, 2001, when a plane struck the Pentagon, Horoho evacuated her coworkers then sped to the point of impact, where she became first in command of medical care. She established evacuation routes, treated patients, and moved victims until unidentified planes flying overhead were grounded. She also established a command center for emergency medical services and coordinated rescue and medical efforts with the FBI, fire and police departments, medical facilities, and the Federal Emergency Management Agency.

Today, Horoho—a colonel in the U.S. Army—is the first woman and first nurse to serve as commander of the Walter Reed Health Care System, which provides health care to about 150,000 service members, relatives, and retirees in and around Washington, D.C. She is responsible for the hub facility, Walter Reed Army Medical Center, as well as 10 other military facilities throughout Maryland, Virginia, and Pennsylvania.

“I have a passion for making a difference,” says Horoho, who believes the core skills she learned in nursing school prepared her for everything from her clinical duties to administrative work.

“You’re triaging chaos and making decisions quickly based on your assessment and clinical judgment,” she says.

From a leadership perspective, Horoho follows the acronym C4SG, which stands for four Cs (connection, character, competency, and conviction) one S (serving) and one G (gift).

“It’s a gift to be in the health care profession and to have those clinical competencies,” says Horoho. “Trust that gift of instinct when you’re making those decisions.”



Captain Holly Ann Williams

2005
Legacy
Laureate

EVERY YEAR, HOLLY ANN WILLIAMS shares a phone call that reminds her of the bonds created by her profession: She speaks to the family of a little girl to whom she cared during her first job after graduation.

Williams, BSN '76, still recalls how she told the girl, Jodi, that she was leaving to coach synchronized swimming at a summer camp and asked the child to write her a letter. Jodi, who had leukemia, said she wouldn't be around to do it. Two weeks later, she died. Williams was so moved by the experience that when she converted to Judaism in her 20s, the Hebrew name she took was the same as Jodi's.

"Those nights with Jodi are still as clear in my mind as if I were 24, caring for her again," says Williams. "Every year, on the anniversary of her death, her mom and I talk. And those are the links in nursing that physicians rarely have. That's where we're so fortunate as nurses: to be able to touch someone's life like that, and have them touch yours. It's a gift, that's the only way I can describe it."

Today, as a commissioned officer in the U.S. Public Health Service, Williams works at the Centers for Disease Control and Prevention. Among her many accomplishments, she has worked with refugees along the Thailand Cambodia border, helped hurricane victims in Florida and areas hit by Hurricane Katrina, and taught people internationally to fight malaria.

"Those experiences have shaped me professionally in terms of being able to deal creatively with an array of situations," Williams says. "It makes you flexible; it makes you understand that working

in a multidisciplinary setting is probably the best way to approach any problem."

An anthropologist and epidemiologist as well as a nurse, Williams was able to draw upon all of her interests by focusing on emergency international health.

"It's just taking what I've always done, but putting it in the context of emergency situations or refugees," she explains.

Both she and her husband, anthropologist Art Hansen, travel extensively for their jobs, so they must coordinate to ensure one of them is always in the United States to care for their 14-year-old daughter, Kaitlin. Despite spending 40–60 percent of her working hours outside the United States, Williams still found time to serve as the leader of her daughter's Brownie troop and participate in school activities.

"But it's hard, it's really hard. You miss a lot," says Williams. "I just keep telling myself that perhaps in her 20s or 30s, my daughter will appreciate that women can do very creative, interesting, and non-traditional jobs. I hope that's the message I'm imparting to her."

As for the message she hopes to impart to other nurses, Williams is straightforward: "Don't let anyone tell you [that] you can't do it."

When nurses branch out into unusual fields, "you're showing people that nurses are so incredibly talented, and our socialization allows us to look at problems from a wide array of perspectives."

"I want nurses to know that they can go out and do 100 different things," Williams continues. "You don't leave nursing; it comes with you. It's who you are."



Pearl Moore

2004
Legacy
Laureate

PEARL MOORE ALWAYS KNEW she'd be a nurse. As a little girl, she pretended to be Cherry Ames, the mystery-solving nurse featured in a book series. Later, she worked as a volunteer candy striper at what is now UPMC-Montefiore.

Moore, MN '74, BN '68, assumed her first leadership role at Montefiore when she became director of its school of nursing in the 1970s. She returned to clinical work when her mother was diagnosed with cancer, a seminal event that would shape the rest of her career.

"That is when I decided to pursue a specialty in oncology nursing. Fortunately, the School of Nursing had started an oncology master's program, so I enrolled," Moore says.

One of the first oncology clinical nurse specialists in the United States, Moore also was one of the first coordinators of the brain tumor study group, part of a groundbreaking national consortium conducting clinical trials. In 1975, she was one of a group of nurses who met informally to share ideas about how to help cancer patients.

From those early talks sprang the Oncology Nursing Society (ONS), a Pittsburgh-based organization that now spans more than 200 chapters nationwide and boasts a membership of 35,000 health care professionals. Moore became its first executive director in the 1980s and helped raise millions of dollars for scholarships, research grants, memorial lectures, public education

grants, and career development awards for the ONS Foundation.

"She was instrumental in pushing nursing to have a seat at the table with decision makers to give nursing a powerful voice, and people listened," says Barbara Sigler, who was a graduate student when she met Moore and later followed her to the ONS. "Her leadership of oncology nurses has had a dramatic impact on the quality [of] care that patients with cancer now receive. ... She has really laid the groundwork for those nurses that followed."

Moore also started working as an adjunct assistant professor at the School of Nursing in 1974 and has held posts in the American Academy of Nursing, the International Union Against Cancer, and other nursing and health-related groups.

She retired from ONS in 2007 and jokes, "It took me a whole day to adjust to retirement."

A strong advocate of advanced education, one of her few regrets is that she did not pursue a doctorate. "I would encourage anyone in nursing to get their doctorate—a PhD or DNP," she says.

Moore recently was named a 2008 School of Nursing Distinguished Alumni awardee. "Of all the awards I have received, awards from my alma mater mean the most to me," she says. "Adding the School of Nursing Distinguished Alumni award to the Legacy Laureate honor is wonderful."



Maryann F. Fralic

2000
Legacy
Laureate

THERE ARE MANY KINDS of nurse leaders. Some are very operational and internally focused. Others are operational but also are constantly looking for the answer to “what’s next?” **Maryann F. Fralic** is one of those leaders who has the uncanny ability to look into the future and prepare current leaders for the next reality she sees.

Fralic, DrPH ’82, MN ’73, RN, FAAN, professor and director, corporate and foundation relations, Johns Hopkins University School of Nursing, is reflective. She is always looking for the bigger picture, to see the confluence of issues and the consequences of events on the future. “I try to anticipate the unanticipated. To look for the familiarity and patterns in what is occurring. To ask what happened in the past and how may it impact the future,” she says. “To create ‘what if’ scenarios and to do active scenario planning. To diligently focus on the strategic visioning that today’s nonstop environments demand.”

Fralic also serves as executive advisor for the Nursing Executive Center of the Advisory Board Co., Washington, D.C., and as consultant for the Robert Wood Johnson Nurse Executive Fellows Program. Keeping her feet in the worlds of both clinical care delivery and academia permits Fralic to influence—and be influenced by—the academic arm of clinical practice. “We must be an integrated profession, not one of parallel functions,” Fralic says.

“Staying well informed is, I believe, a task of leadership,” she says. Fralic sees three additional prime competencies for the successful contemporary nurse executive:

quantification, deliberation, and executive style communication.

First, nurse executives must be able to quantify, measure, compare, and clearly identify clinical, financial, and operational outcomes. “CNOs need to be bilingual, knowing financial language as well as patient care language,” she says. Fralic believes the ability to develop a detailed business plan that can become an institutional vehicle for strategic planning will give nurse executives a strong voice at the table, not simply a seat.

Next, Fralic believes nurse executives need the ability to deliberate—to think, reason, listen, question, analyze, debate, read the extant literature, recognize the patterns. And finally, they must possess executive style communication skills and behaviors. “It’s how you look, speak, write, and make presentations, as well as the ability to accurately ‘read a room’ and act accordingly,” Fralic says. “You must always conduct yourself with integrity as a senior executive of the organization, effectively representing a major institutional constituency.” The most important thing is to communicate that values will always guide your leadership path. “Principled leaders are consistently values driven,” she says.

Fralic is known for forming great working coalitions and relationships with many people and organizations throughout the United States and other countries. “Establishing partnerships, coalitions, and strong relationships is the essence of what all effective leaders must do. That’s how meaningful work is accomplished,” she says. “But you must first respect others, value what they know and what they

Dean Dunbar-Jacob named 2007 NINR Pathfinder Distinguished Research Awardee

can contribute, and ensure that these relationships will serve their purposes as well.”

Mentoring is something Fralic considers a professional responsibility. “Most of us have been well mentored in our professional lives,” she says. “I believe giving back is an expectation, a way to say ‘thank you’ to those who have invested in you.”

In considering the future of nursing, Fralic quotes the words of General Eric K. Shinseki, former chief of staff for the armed services, who said, “If you do not like change, you will like irrelevance even less.”

“If we do not create a new future for the profession, for health care, and for the work that we do, others will. And then we become irrelevant,” Fralic says. “We must as a profession equip ourselves to lead in what will predictably be extremely turbulent and challenging times.”

And how does Fralic maintain balance in her life? “I got a refreshing perspective on balance from an article in the magazine *Fast Company* by [K.H.] Hammonds titled ‘Balance is Bunk.’ How could you not read an article with that title? ... The author notes that we are constantly urged to pursue perfect balance in our lives, but that is an unattainable illusion,” Fralic says. “We should ask ourselves one question: ‘Am I happy?’ If the answer is ‘yes,’ you are in balance. That’s a great common-sense lesson for nurse leaders everywhere.”

The Maryann Fralic portion of this article is excerpted from an article published in *Nurse Leader*, Volume 4, Issue 4, Karlene M. Kerfoot, PhD, RN, CNAA, FAAN, interviewer, “*Leader to Watch/ Maryann F. Fralic, RN, DrPH, FAAN,*” pages 10-14 (August 2006). Copyright Elsevier 2007. Keith Weller (Photography, © 2006)

The Pathfinder Distinguished Research Award is given by Friends of the National Institute of Nursing Research (NINR) to acknowledge nurse researchers whose work has focused on advancing deep understanding of human health and health care and has been sustained by multiple grants from NINR/National Center for Nursing Research. The 2007 award was intended to specifically recognize a nurse researcher whose body of scholarship illustrates long-standing commitment to an aspect of nursing research that has made a difference in the lives of people with health care needs.

Research is integral to the professional career of Jacqueline Dunbar-Jacob, PhD, RN, FAAN. For more than 20 years, she has focused on the study of patient adherence, addressing a variety of patient populations including rheumatological conditions, cardiovascular risk factors, diabetes, AIDS, cancer screening, and transplantation. Given that approximately 50 percent of patients are poorly adherent to treatment regimens, the long-term impact of her research has considerable clinical significance. Her research has also influenced the methodology for the study of adherence over time.

Dunbar-Jacob has been principal investigator, co-investigator, or advisory committee member for the Centers for Disease Control and Prevention, National Science Foundation, and seven of the institutes in the National Institutes of Health. As an educator and mentor, she continually strives to develop opportunities where students are trained to evaluate and synthesize information and adapt to an ever-changing environment. She leads by example as she possesses an insatiable spirit of inquiry and works to inspire lifelong learning in all students.

As Susan Albrecht, PhD, RN, FAAN, noted, “Dr. Dunbar-Jacob set the pace for nursing research when she received one of the first NINR Core Center Grants. The grant assisted Dunbar-Jacob in deepening her research focus area of chronic disorders, and has sustained continuous funding for an unprecedented 14 years.”

“I am truly honored at this recognition from my peers. Research drives important changes in nursing care that ultimately impact patient lives,” says Dunbar-Jacob. “I am grateful that the Friends of the National Institute of Nursing Research, through the establishment of this award, recognize the importance of what every nurse researcher does.”



Exemplifying Academic Leader

KATHLEEN DWYER AND LINDA PHILLIPS

Nothing connotes success in academia more than the prestige of an endowed chair. To quote *Pitt Magazine*, “Most universities have a simple yet powerful way to attract top academic talent and add luster to their reputations. It’s the EPC factor—endowed professorships and chairs, which can profoundly influence the long-term fortunes of an institution.”

While holding such a chair equates with distinguished scholarship and teaching, it may or may not equate with other aspects of leadership, such as the elusive ability to inspire others to action. In the case of two School of Nursing grads, however, leadership is writ large. The University of Pittsburgh School of Nursing is proud to have produced many leaders over the years, including **Kathleen A. Dwyer** and **Linda R. Phillips**, both of whom now hold academic chairs at their respective institutions.

Dwyer, PhD ’93, holds the Henry Freede Chair in Nursing Science at the University of Oklahoma Health Sciences Center College of Nursing (OUCN). Her research focus has been developing interventions to assist cancer survivors and their families with the transitions that occur following treatment; she has received numerous federal and foundation grants to support her research. She is a member of the team developing the University of Oklahoma Cancer Institute and also is involved with implementation of a new doctoral program in the College of Nursing.

The endowed professorship was critical to Dwyer’s decision to move to Oklahoma from her previous position at Vanderbilt University. “I wasn’t looking to move and was very comfortable in Tennessee. Once I paid a visit to Oklahoma and learned more about OUCN and the endowed chair, I saw that it was an exciting opportunity. Without the endowed chair, I doubt I would have made the move.”

Her reasons were twofold and reflect both the difficulties faced by nurse researchers generally and the inherent challenges of moving a research project from one institution to another.

“The chair provides understandable recognition that you are doing quality work,” she says, “especially when you’re interacting with other disciplines. Many people still don’t understand that a nursing PhD is a research degree, not a clinical degree. The ‘labeling’ that comes with holding the chair allows me to interface with others without having to explain that I’m a doctorally prepared researcher. It has definitely opened doors across campus.”

On a more fundamental front, the resources that came with the chair were a boon to moving her research. As Dwyer explains, “I had applied for a grant from the National Institute of Nursing Research (NINR) while still in Tennessee, and the proposal received a very good score. However, the proposal was submitted in response to a call for projects using community-based participatory research methods and the proposal had been designed utilizing a community group I assembled in that state. All of that community-based networking had to be reconstructed in Oklahoma if I was to move the research project. The endowment funds made it possible for me to begin laying the groundwork for an Oklahoma-based partnership in January 2007, host a networking luncheon in March, have a partnership in place by mid-May, and receive funding from NINR in September. At the very least, it would have taken much longer without the chair, if I had been able to manage it at all.”

She is a great believer in the value of community-based participatory research, and her project partners are a group of African American breast cancer survivors or supportive others; together they are working to create a multimedia approach that can be accessed no matter where the family lives. The approach also considers cultural differences faced by Black women such as a need to appear strong at all costs. *Fostering Post-Treatment Transitions in African-American Breast Cancer Survivors* is funded by the NINR at the National Institutes of Health.

Carole Kenner, dean of OUCN, explains that at OUCN, “People who hold endowed chairs are assumed to be senior, very accomplished faculty who automatically garner a great

ship



Kathleen A. Dwyer, above
Linda R. Phillips, below

deal of support. They also have a great deal of responsibility to be good mentors to junior faculty and to leverage interdisciplinary resources at a higher level than would otherwise occur. Dwyer's research is cutting edge, and her leadership is taking treatment to an entirely new level of care."

Phillips, PhD, MN '73, BSN '69, RN, FAAN, FGSA, holder of the Audrienne H. Moseley endowed chair in nursing at the University of California, Los Angeles (UCLA), since 2006, has proven vision and the drive behind it to accomplish her goals. She was one of the earliest researchers to focus on care-giving to frail elders, particularly the crosscultural aspects of such care, and the field of elder abuse. She first turned her attention to elder abuse many years ago as a home health nurse for the Visiting Nurse

Association of Allegheny County in the 1970s.

"Elder abuse was the most difficult thing I dealt with. It wasn't on the forefront of anything, there were no laws specific to the problem, and we had very few alternatives at the time," Phillips states. Her dissertation (completed in 1980) was one of the first pieces of research to address the issue, and she has been in the lead ever since.

"I love this work," Phillips told *Pitt Nurse* in a 2006 interview while still on the faculty at the University of Arizona. "There are not enough hours in the day to do all of what needs to be done, but I believe we are raising awareness of the challenges and stimulating health professionals to think about these issues as they plan care for elders."

Phillips was given the national Doris Schwartz Gerontological Nursing Research Award in 2007 in recognition of her innovative research over the course of 30 years that has improved the lives of countless numbers of elderly. Phillips'

research has received more than 24 federal and 10 state grants from sources that include the NINR and National Institute on Aging. She has published more than 40 refereed journal articles on caregiving and abuse of caregivers, 15 additional articles, four scholarly books, and 13 book chapters.

In a follow-up interview with *Pitt Nurse* this year, Phillips was asked about her new role at UCLA.

She recalled that around the time of the previous interview with *Pitt Nurse*, "I had been at Arizona for more than 25 years and was contemplating what to do next. The UCLA School of Nursing announced a newly endowed chair, and after talking with the late dean, Marie J. Cowan, PhD, RN, FAAN (who could be very persuasive!), it became clear that it was a perfect opportunity for me at this phase of my career." Phillips retired from Arizona and headed for Los Angeles in 2006.

Now she focuses on the next generation of leadership "in tandem with carrying on her own research.

Janice D. Crist, PhD, RN, a former colleague of Phillips' at Arizona says, "Dr. Phillips has always had an extraordinary commitment to mentoring and role-modeling, for which she has been sought for decades by graduate and postgraduate students. Her mentoring of doctoral students and postdoctoral fellows has attracted numerous nurse researchers to the area of family care for the elderly. I was one of those postdoctoral fellows and can attest to her dedication."

So, what is the main advantage of holding an endowed chair for someone who is already at the top of her field? Phillips echoes Dwyer's response in part: resources. "The chair came with the funds to support development of the Center for Gerontological Nursing. I was able to hire a postdoc and a staff member to support gerontological research and care and am working with more junior faculty to give them opportunities they might not otherwise have had in this field."

Crist notes that Phillips frequently copublishes with those whom she mentors and stays involved with former students as a consultant on their research grants. "She is simply inspirational," says Crist.

And what does Phillips say when asked how it feels to hold such a prestigious position attained after a lifetime of leadership?

"I'm having fun—this is my retirement adventure!"

Photo of Linda Phillips courtesy of Reed Hutchinson at Calfoto

Dream Weaver:

ALUMNA STRIVES TO IMPROVE ADHERENCE TO SLEEP APNEA TREATMENT



Terri Weaver

FOR THE MORE THAN 12 MILLION Americans who suffer from sleep apnea, a good night's sleep is a precious commodity. As common a health disorder as diabetes, sleep apnea occurs when a person's breathing stops or becomes extremely shallow during sleep, with each pause in breath lasting 10–20 seconds, 20–30 times or more every hour.

The risks are sobering: According to the National Institutes of Health (NIH), people with untreated sleep apnea can be at increased risk for high blood pressure, heart attack, and stroke, as well as work-related and driving accidents. Yet patients demonstrate only a 50 percent adherence rate in their first week of treatment.

That's where **Terri Weaver** comes in. Weaver, PhD, BSN '73, CS, FAAN, is an associate professor and chair of the Biobehavioral and Health Sciences Division at the University of Pennsylvania School of Nursing. She is studying issues that impact adherence and quality of life in patients with sleep disorders.

Recognized nationally and internationally for her research on the effect of daytime sleepiness on daily behaviors and assessment of treatment outcomes, Weaver has developed two disease-specific functional status measures: one for chronic pulmonary disorders, the other for sleep disorders.

Weaver's current research is supported by the National Heart Blood and Lung Institute of NIH. In May 2006, she was named chair of

the national Board of Directors of the American Lung Association, and in October 2006, she was named that year's recipient of its Ada Sue Hinshaw Award, an unrestricted grant that supports the work of a nurse researcher. It is intended to focus attention on the significance of nursing research and the contributions made by nurse scientists that improve health care.

Weaver has developed the gold standard for studies of quality of life in patients with sleep apnea. Among the most common treatments for the disorder is the continuous positive airway pressure (CPAP) machine, which requires patients to wear a mask over their noses during sleep. The mask blows air into the patient's throat at a customized pressure level, keeping the throat open during sleep.

Software embedded in the CPAP machine enables providers to identify adherence information, the patient's functional status, and the person's ability to respond to treatment.

When individuals perceive the benefits of the CPAP, they are more likely to use it, Weaver theorizes. And if she can improve adherence to treatment, "insurers are more willing to pay for it," she adds.

Gail Wolf Wins AONE Lifetime Achievement Award



THE LIFETIME ACHIEVEMENT AWARD honors an American Organization of Nurse Executives (AONE) member who is recognized by the broader nursing community as a significant leader in the nursing profession and who has served AONE in an important leadership capacity, demonstrating the qualities of leadership and service to the nursing profession by his or her professional and personal example.

Gail Wolf, DNS, MSN, BSN, FAAN, coordinator of the nursing administration and leadership program in the Department of Acute and Tertiary Care, embodies the AONE vision: shaping the future of health care through innovative nursing leadership. During the early 1980s, she was a member of one of the first classes of Wharton Fellows, a highly selective group of nurse executives chosen to attend an intensive three-week training session at the University of Pennsylvania's Wharton School. It was one of the first—if not the first—systematic effort to apply business information and practices to the practice of nursing. “It was a watershed moment for nursing,” Wolf says, “and for me, too. As a hospital nurse administrator, I was painfully aware of the gaps between the clinical and business sides of health care, and this crystallized many things for me.

“Clinical practice is near and dear to our hearts, but you have to be able to speak the language of business to advance the role of nursing within the health care sector,” she says. “Unfortunately, nurses traditionally have received almost no such training.” Through her hospital leadership roles, teaching (which she has done throughout her career), research, lecturing, and writing, Wolf has stepped into and led the way in filling this void.

In 1989, Wolf helped develop the Transformational Model for Professional Practice in Health Care Organizations to provide the framework for integrating a health care system, balance competing priorities, develop leaders and staff, and maintain an unerring focus on the organization's values and goals. Her research continues to focus on the application and outcomes of this model.

She led AONE as its president during its 25th anniversary year, as it strove to integrate the organization's executive and

manager groups, still a fairly radical concept at the time (1991–92). “We recognized that anyone in a leadership role is dealing with the same issues, and we should be accessing our collective wisdom to benefit patient care,” she says.

In 1999, Wolf founded the three-tiered Leadership Academy to give emerging, operational, and strategic leaders from across the country the leadership skills they need to adapt and excel in a transformational health care environment.

In 2007, she received a grant award from the Provost's Advisory Council on Instructional Excellence for the Virtual Hospital: A Business Simulation Model for Nursing Leaders. An innovative Web-based tool using the case study method, Virtual Hospital allows students to learn and evaluate multiple solutions in a simulated setting without subjecting patients and/or organizations to actual risk.

“Nurses really need integrated business training,” says Wolf. “Taking isolated business and finance courses will teach you theory, but it doesn't translate that theory into the real environment, and that has direct implications for the quality of patient care.”

Wolf has been teaching leadership skills at Pitt's School of Nursing since 1982 and brings 30 years of nursing management and leadership experience to her students. In addition, she has conducted numerous seminars and lectures across the United States and around the world.

“Dr. Wolf is a visionary nursing leader who has inspired generations of nurses to lead and learn guided by exemplary standards and evidence-based practice. I know of no other individual more deserving of this prestigious award,” says AONE President Linda Everett, PhD, RN, FAAN.

“Dr. Wolf is a visionary nursing leader who has inspired generations of nurses to lead and learn.”

Distinguished Alumnus Works for Nurse Recruitment and Patient Safety



“The nurse is accountable for the safety and education of patients and their families.”

“I ABSOLUTELY LOVE WHAT I DO!” says **Victoria L. Rich**, PhD '91, MSN '84, RN, FAAN, chief nursing officer at the Hospital of the University of Pennsylvania. Her hope is that in finding a solution for the current nursing shortage, she will be able to convince others to love the profession, too.

Recognized as an outstanding policy leader in the shortage and recruitment crisis, Rich was named a Distinguished Alumnus of the Pitt School of Nursing in 2006 and recently earned similar honors from Indiana University of Pennsylvania.

She views nurses as the key point of information for the patient.

“Everything is about the patient,” she says. “Nurses are conduits for information through the entire continuum of care from the initial assessment through discharge.”

And it's discharge that Rich believes may be the most critical time

for nurses to assess patient safety information, another of her passions.

Considered a pioneer in patient safety systems and initiatives, Rich developed an innovative framework for creating and sustaining a culture of safety that has become a model in the United States.

“The nurse is accountable for the safety and education of patients and their families through surveillance and reconnaissance,” she says.

As a consultant with the U.S. Food and Drug Administration, Rich uses evidence-based practice tools to help design medical technology that is safe and easy for health care providers to use. She also is working with the engineering and computer science departments at Penn to design a platform for doctors and nurses to interface with human factors.

Faculty Achievements

The 79 full-time School of Nursing faculty members are distinguished by their academic achievements and by their contributions beyond the classroom. During 2006–07, this included:

- 11 FAAN memberships;
- Service on more than 45 state and national boards along with members who held at least 42 offices and committee chairs;
- Service on more than 44 advisory panels and task forces; and
- Service on more than 34 review and editorial boards.
- Faculty also have been first or second authors of more than 100 articles, 20 abstracts, and six book chapters.
- In addition, 25 members of the faculty were recognized with 31 awards during the same time frame.

Combined with untold hours of service to the profession and to the community that are not included in these numbers, School of Nursing faculty are an impressive group of people!

Exemplifying Student Leadership

“STEPH HAS BROUGHT A LEVEL OF INITIATIVE, ENERGY, ENTHUSIASM, AND COMMITMENT TO NSA THAT IS JUST EXTRAORDINARY.”

WE’VE ALL HEARD THE EXPRESSION, “she’s a born leader,” but leaders don’t magically appear fully developed like Athena springing from the head of Zeus. It takes time, a honing of skills, and the opportunity to stretch before most leaders emerge and are recognized. The School of Nursing is fortunate to have dynamic student leaders who are well along that path: **Stephanie Borkowski** and her colleagues on the Nursing Student Association (NSA) board, of which she serves as president. Other NSA board members this year are Liz Konieczny, secretary-treasurer; Katie McCormick, vice president of professional development; Amber Boyer, vice president of fundraising; Allison Pavlov, vice president of service; and Sirena Lehmer, social events chair. All of the board members are seniors. NSA represents the University of Pittsburgh chapter of the affiliate, Student Nurses’ Association of Pittsburgh (SNAP) and National Student Nurses’ Association.

NSA advisor Suzanne Brody, BSN, RN, says, “Steph has brought a level of initiative, energy, enthusiasm, and commitment to NSA that is just extraordinary, leading it through a dramatic revitalization.”

Brody also notes that this leadership hasn’t ended at the doors to Victoria Hall. “Steph and Katie both have terrific organizational and political instincts. They successfully organized campaigns to help our student representatives win statewide office. Sophomore Jatolloa Davis was elected as the Greater Pittsburgh region

representative at the SNAP State Convention, a seat that Katie held the prior year.”

Borkowski has never sought to define herself as a leader—she just enjoys working with people, likes to be involved in things, and is really passionate about improving the lives of others. That quality also makes her a caring nurse with an ability to inspire others. “My primary inspiration comes from the patients I’ve cared for, many of whom have maintained perspective and kept a positive attitude even when they were very sick,” she says.

Nurses are another source of inspiration. “They work incredibly hard and will do anything to enhance patient care. Plus, the faculty here are just so accomplished—I’ll be researching a topic and realize that the articles were written by my professors who are conducting amazing research. It’s incredible to be a part of a world-renowned school.”

She loves the emphasis on evidence-based research (EBR). “EBR makes all of us technical leaders. Part of what makes nursing so interesting is that it’s always changing, and research is a major part of that. If you like stasis, don’t pick nursing!”

For someone who thrives on activity and manages to balance a successful academic career (she’s on the Dean’s List) with significant outside activity, Borkowski’s future career choice seems a natural: She hopes to work in a hospital ER in her native Philadelphia and eventually go on to graduate work.

“I look forward to seeing Steph’s name in *Pitt Nurse* 10 years from now,” says Brody. “It will be exciting to read about the contributions she has made to the profession!”

Scholarships

THE FUTURE OF NURSING

THE SCHOOL'S SCHOLARSHIP PROGRAM

represents both academic excellence and a commitment by alumni and friends who support academic excellence in nursing education. Scholarship donors have generously invested in nursing's future, while scholarship awardees are preparing to become the future of the profession—our connection to a tomorrow filled with boundless promise and opportunity.

Our scholarship list continues to grow each year thanks to the generous support of alumni and friends. We are proud of each of our scholarship awardees and grateful to all of our donors. Their ongoing support of nursing education assists our best and brightest students to successfully meet their educational goals.

UNDERGRADUATE AWARDS

Adena Johnson Davis Scholarship in Nursing
Oluwatobi Adeboyejo
Keiara Williams

African-American Nursing Alumni Scholarship
Michael Okoye

Ann M.J. Reed Memorial Scholarship
Thomas D. Carnahan, IV
Meryl Kohos
Amanda Nietupski
Brittany Tatro
Theresa Timcheck
Jessica Westfall
Keiara Williams

Anne J. Pierce Endowed Fund for Student Resources
George Moura

Army ROTC Partners in Nursing Education Scholarship
Megan Donaldson

Cameos of Caring Endowed Nursing Scholarship
Leslie Edwards
Ronald A. Mennow
Kimberly A. Pikul
Shari Renee Sand

Deborah Elaine Lawhorn Memorial Fund
Indira Gowda

Dr. Ann Gera Yurick Memorial Fund
Heather Harris

Elaine F. Hagerty Memorial Nursing Student Resources Fund
Allison Borza

Elizabeth Lucas & Wilbur J. Chaffee Memorial Undergraduate Scholar's Award
Laura Sperli

Ellen B. Rudy Endowed Scholarship for Future Nursing Leaders
Amanda Botscheller

Frank & Anna Minno Scholarship Fund in Memory of their Daughter Lt. Col. Julia Minno
Lexie Armstrong

Kathryn C. & John W. Conway Endowed Student Nursing Award
Susanne Apgar
Katie Stonelake

Ladies Hospital Aid Society Endowed Fund for Student Resources
Margaret Campbell

Lt. Ann Visnovsky Miner—Class of 1948 Nursing Scholarship Fund
Megan Donaldson

Margaret M. Dick Quasi-Endowed Scholarship in the School of Nursing
Callan Carnahan
Kaitlyn Deardorff
Laura Dum
Allison Mentzer
Christine Mulkern
Patricia Owen

Navy ROTC Scholarship
Alexis Krestos

Nursing Alumni Senior Student Award
Shannon Moore

Pirates Alumni African-American Nursing Student Scholarship
Lauren Williams

Rebecca Olive McKinney Endowed Fund for Student Resources
Meghan Nicola

The Stella Yaksich Endowed Scholarship
Phoebe Stewart

The Tony and Mildred Sherry Savino Memorial Student Resource Fund
Christopher Zorger

William Randolph Hearst Foundation Endowed Scholarship Fund for Undergraduate Nursing Students
Emily Landkrohn

GRADUATE AWARDS

Beryl B. Houghton Jackson Endowed Fund for Graduate Students to Study Women's Health
Jill V. Radtke (PhD)

Bessie Li Sze Scholarship
Amy Federoff (MSN)

Cameos of Caring Endowed Nursing Scholarship
Becky Broskey (MSN)
Erin S. Carwile (MSN)
Laraine F. Coyne (MSN)
Kimberly A. Curry (MSN)
Amy Federoff (MSN)
Jason C. Hamilton (MSN)
Elizabeth Lazzaro (MSN)
Melissa A. Miller (MSN)
Mary Thompson Newcomb (MSN)
Lindsey Orlovski (MSN)
Jill V. Radtke (PhD)
Melanie B. Shatzer (DNP)
Heidi L. Stogard (MSN)
Kristine Keefer Wolff (DNP)

Corinne M. Barnes Endowed Scholarship
Kristin Nowack (DNP)

Doris E. & Davina J. Gosnell Endowed Nursing Scholarship
Serafina Bear (MSN)

Dorothy Drake Brooks Endowment
Theresa Hilton-Berger (MSN)
Rachel Rahe (MSN)

The Elizabeth Bayer Baxter Student Resource Fund
Heidi Stogard (MSN)

Elizabeth Lloyd Noroian Scholarship
Julie Doebler (MSN)

Gail A. Wolf Graduate Nursing Leadership Award
Laura Fennimore (DNP)

Jeanne Swindell Wolfe Orr Endowed Fund for Graduate Students
Mary Riley (MSN)

Patricia P. Lynch Scholarship
Barbara Chesnutt (MSN)

Rose E. Constantino Endowed Scholarship
Beth Grabiak (PhD)

Susan Nath Bywaters Endowment Award
Jacqueline Sepaniac (MSN)

Szeming Sze Student Award
Claudia Kregg-Byers (PhD)

The Marie S. Houston, PhD, RN Student Resource Fund for Nursing Education*
Leslie Scheuer (MSN)

W. Edward and Jeannette L. Wolfe Memorial Fund
Jessica Linney (MSN)

* First-time awards

Robert and Jennifer Savino (left) and Dean Jacqueline Dunbar-Jacob (far right) congratulate Christopher Zorger '08, recipient of the Tony and Mildred Sherry Savino Memorial Student Resource Fund Scholarship.



A Celebration of Nursing

SINCE 1999, THE UNIVERSITY OF PITTSBURGH School of Nursing has been the proud sponsor of the Cameos of Caring Awards Program and Gala, created to honor outstanding nurses for their dedication to quality patient care, increase public awareness of the nursing profession by highlighting its career rewards, and recruit a new generation of nurses to offset the current nursing shortage. Twenty hospitals joined the Cameos of Caring family that first year; in 2007, 43 hospitals/care facilities and nine schools of nursing, spanning a nine-county area, and one international facility participated in the Cameos of Caring tradition. Of the 62 nurses honored at the ninth annual Cameos of Caring Awards Gala, 21 were Pitt alums.

In addition to recognizing exceptional nurses, proceeds from the event benefit the scholarship fund; nearly \$600,000 has been raised since the program's inception.

In 2006, the Cameos of Caring Awards Program introduced the Cameos of Caring Nurse Educator Award. Because outstanding nursing faculty are key to training the next generation of skilled nurses and alleviating the nursing shortage, recognizing nurse educators brings the event full circle. This year, nine outstanding nurse educators were recognized from area diploma, associate degree, and baccalaureate schools of nursing, including two Pitt School of Nursing faculty members:

- **Ann M. Mitchell**, PhD, RN, AHN, BC (Pittsburgh campus)
- **Becky A. Sease**, MSN, RN (Johnstown campus)

In addition, six School of Nursing alumni were also honored with Nurse Educator Awards:

- **Darlene Gattens** (MN '81, BSN '75), West Penn Allegheny Health System, the Western Pennsylvania Hospital School of Nursing
- **Maureen E. Gaydos Leonardo** (MN '80, BSB, CNE, CRNP, BC), Duquesne University School of Nursing
- **Elaine L. Patalski** (MSN '88, BSN '81, CRNP), UPMC Shadyside School of Nursing
- **Michele Dropik Rega** (MSN '93, BSN '81, RN), West Penn Allegheny Health System, the Western Pennsylvania Hospital School of Nursing
- **Janey A. Roach** (MSN '92, MNEd, BSN, ONC), UPMC St. Margaret School of Nursing
- **Carl A. Ross** (PhD, MSN, BSN '85, CRNP, BC, CNE), Robert Morris University

FIFTEEN OTHER PITT ALUMS received Cameos of Caring awards:

- **Keli Ann Heiple** (MSN '03, RN, CRNP), Indiana Regional Medical Center
Advanced Practice Awardee (Posthumous Award)
- **Dale E. Heron** (MSN '01, CRNA), University of Pittsburgh Physicians, Department of Anesthesiology
Advanced Practice Awardee



2007 Cameos of Caring Awardee Kimberly Arenth of UPMC South Side accepts her award from Dean Dunbar-Jacob while Mike Clark of WTAE-TV watches.

- **Susan Jackson** (BSN '87, RN), Children's Hospital of Pittsburgh of UPMC
Advanced Practice Awardee
- **Martha Lee Kuhns** (PhD '93, MSM '84, APRN, BC), Western Psychiatric Institute and Clinic
Advanced Practice Awardee
- **Karen F. Little** (MSN '06, RN), VA Pittsburgh Healthcare System-Heinz Division
Cameos of Caring Awardee
- **Mary Alice McLaughlin** (MSN '88, BSN, RN), UPMC Passavant
Advanced Practice Awardee
- **Ronald Mennow** (BSN '07, RN), UPMC St. Margaret
Cameos of Caring Awardee
- **Mary Beth Pais** (MNEd '80, BSN, ONC), UPMC Presbyterian
Advanced Practice Awardee

Alumni Gift Creates a Better First Impression and a Lasting Tribute

THE SCHOOL OF NURSING'S FIRST-FLOOR LOBBY recently became a much nicer place for students, faculty, and visitors, thanks to the generosity of Rita L. Doll (MA '60, BSNE '56). Doll made a gift to renovate the front area of the first-floor lobby in memory of her stepfather and mother, Cyril Mulley and Angelica Lombardi Mulley.

The first-floor lobby is used heavily by studying students, faculty, and visitors to the school as well as for functions year-round. Improvements include new flooring, paint, window treatments, and furniture. Even the sculptures in the lobby are receiving some attention by having their pedestals updated. The renovated space is welcoming and comfortable while still projecting a sophisticated look for the school.

For more information on how you can make a difference in Victoria Hall, contact Julie A. Harris at 412-624-7541 or toll free at 1-866-217-1124 or via e-mail at jah109@pitt.edu.

The newly refinished lobby made possible by a generous contribution from alumnus Rita L. Doll, MA '60, BSNE '56. Sculptures created by Judith Strellec Charlson, BSN '66

- **Aurora Patterson** (BSN '00, RN), Indiana Regional Medical Center
Cameos of Caring Awardee
- **Joy M. Peters** (MSN '96, MBA '96, BDN), West Penn Allegheny Health System, Allegheny General Hospital
Advanced Practice Awardee
- **Lisa Schoch** (MSN '06, BSN, RN, CCRN), UPMC Presbyterian
Cameos of Caring Awardee
- **Barbara Schultz** (BSN '73, RN), UPMC Passavant
Cameos of Caring Awardee
- **Mary Lou Goodrich Sirianni** (BSN '77, RN), Magee-Womens Hospital of UPMC
Cameos of Caring Awardee
- **Karen Balke Stein** (MSEd, BSN '84, RN), Magee-Womens Hospital of UPMC
Advanced Practice Awardee
- **Sandra L. Zebrak** (BSN '79, RN), Excelsa Health, Westmoreland Hospital
Cameos of Caring Awardee

A special thanks to the 2007 Cameos of Caring event sponsors:

- Center for Organ Recovery & Education
- Integrated Voice Solutions
- Jewish Healthcare Foundation
- Johnson & Johnson
- STAT Staffing
- University of Pittsburgh Medical Center (UPMC)



A Conversation with Julie A. Harris, Director of Development

It has been a great year as the new director of development for the School of Nursing. I want to share some questions that frequently come up, not only this past year but in the 15 years I've worked in development.

Q **There are so many worthy causes competing for philanthropic dollars. What motivates a donor to give to his or her alma mater?**

A Everyone knows that charitable giving comes from the heart. However, I think it often comes from the head as well. When someone has enjoyed a positive educational experience, or has greatly benefited in his or her career because of what was learned at college or university, it is a natural response for that person to want to support the institution and help ensure it will be able to provide similar benefits for future generations. Frequently, alumni tell me that if it weren't for the scholarship assistance one person received, or the special interest a particular professor showed another, that person would never have achieved what he or she has. The heart is grateful and the head says this is a worthwhile effort to support.

Q **We know that donors of very large gifts to charity can change lives, but what impact, if any, can the smaller donor make?**

A People don't realize what an amazing impact they can make with small gifts over a long period of time. For example, there is an increasing need in the School of Nursing for support for scholarship funds. The ability to offer tuition assistance enables the school to attract the best and brightest students. Together, people can make a big difference. No matter the size of a gift, I am always happy to work with donors to determine exactly how they would like for their gifts to be used.

Q **Why is a planned gift a good choice for a donor who wants to support the School of Nursing?**

A There are several different scenarios that make a planned gift a good choice. For example, for individuals who want to make a contribution to their alma mater, but who are concerned about first taking care of personal or family obligations, a planned gift can offer a great opportunity to achieve both goals. A bequest in a will, a beneficiary designation on a life insurance policy or a retirement account, or a remainder interest in a trust are easily accomplished—and these gifts do not take effect until the death of the donor. Or, for an alum who is concerned about having an adequate income during his or her life, charitable gift vehicles, such as charitable gift annuities and charitable remainder trusts, can provide a guaranteed stream of income for the donor, with the balance eventually going to support the school.

Q **Does a donor need a minimum amount in order to establish a planned gift?**

A No. Anyone can make a planned gift of any amount. A bequest in a will, a beneficiary designation on a paid-up life insurance policy, or a future gift of securities are all examples of planned gifts that may run the gamut from modest to major. Gifts of any size are greatly appreciated and can help make a positive impact on the school.

Please feel free to contact me if you would like to discuss any of these topics in greater detail or if you have a question of your own. I can be reached at 412-624-7541 or at jah109@pitt.edu.

Honor Roll of Donors 2006–07

The School of Nursing is deeply grateful to the following individuals and organizations who have provided their support and friendship. This list reflects donations from July 2006 to June 2007. Names, titles, and degree information reflect each individual's "preferred" salutation in our records. For further information or to provide any corrections or omissions to this list, please contact Julie A. Harris, director of development, at 412-624-7541 or via e-mail at jah109@pitt.edu.

* Denotes gifts with matching funds.

Names in italics denote donors who have passed away.

INDIVIDUALS \$5,000 AND MORE

G. Nicholas Beckwith III
 Kathryn May Conway, '49, and John W. Conway
 Rita L. Doll, '56, '60
 Marie Smith Houston, PhD, '61; EDU '86
 Lucie S. Young Kelly, PhD, '47, '57; EDU '65
Estate of Mary Louise Lane
Miss Mary Lou Lane, '48
 Jeanne W. Orr, '50, '61
 Estate of Jayne Declue Wiggins
Jayne Declue Wiggins, '53
 Sallie Jane Zoerb, '47

INDIVIDUALS \$1,000–\$4,999

Susan Ann Albrecht, PhD, '75, '78; EDU '81, and John A. Albrecht
 Cynthia Elizabeth Allshouse, KGSB '99, and T. Jeffrey Allshouse *
 Mary Donnan Baker, '58, and Frank T. Baker
 Dorothy Drake Brooks, '64, '67
 Helen Kissell Burns, PhD, '81, '93, and Gerald R. Burns *
 Virginia A. Campbell, EDU '58
 Rose Eva Bana Constantino, PhD, '71, '79

Mary Purdy Cook, '54
 William John Cully, CAS '49
 Barbara Wheeler Davies and Randy Arlen Davies
 Jacqueline Dunbar-Jacob, PhD
 Audrey Hillman Fisher
 Beverly L. Freed-Lawrence, '58
 Lee Glunt and J. Roger Glunt, KGSB '60
 Davina J. Gosnell, PhD, '67
 Elizabeth L. Graham, PhD, '68, '70; EDU '80
 David C. Hammers, KGSB '59
 Margaret M. Hill and John B. Hill, MD, MED '57
 Elsie H. Hillman and Henry L. Hillman
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 American Association of Critical Care Nurses
 American Cancer Society, Inc.
 American Nurses Foundation
 BAE Systems
 Becton Dickinson Foundation
 Bill's Marine Service
 Center for Emergency Medicine of Western Pennsylvania
 Cerner Corp.
 CF Advisors Group
 Citizens School of Nursing
 Construction General Laborers and Material Handlers
 CORE
 Duquesne University
 Excela Health
 ExxonMobil Foundation
 Federal Home Loan Bank of Pittsburgh
 First Commonwealth Bank
 Geico Philanthropic Foundation

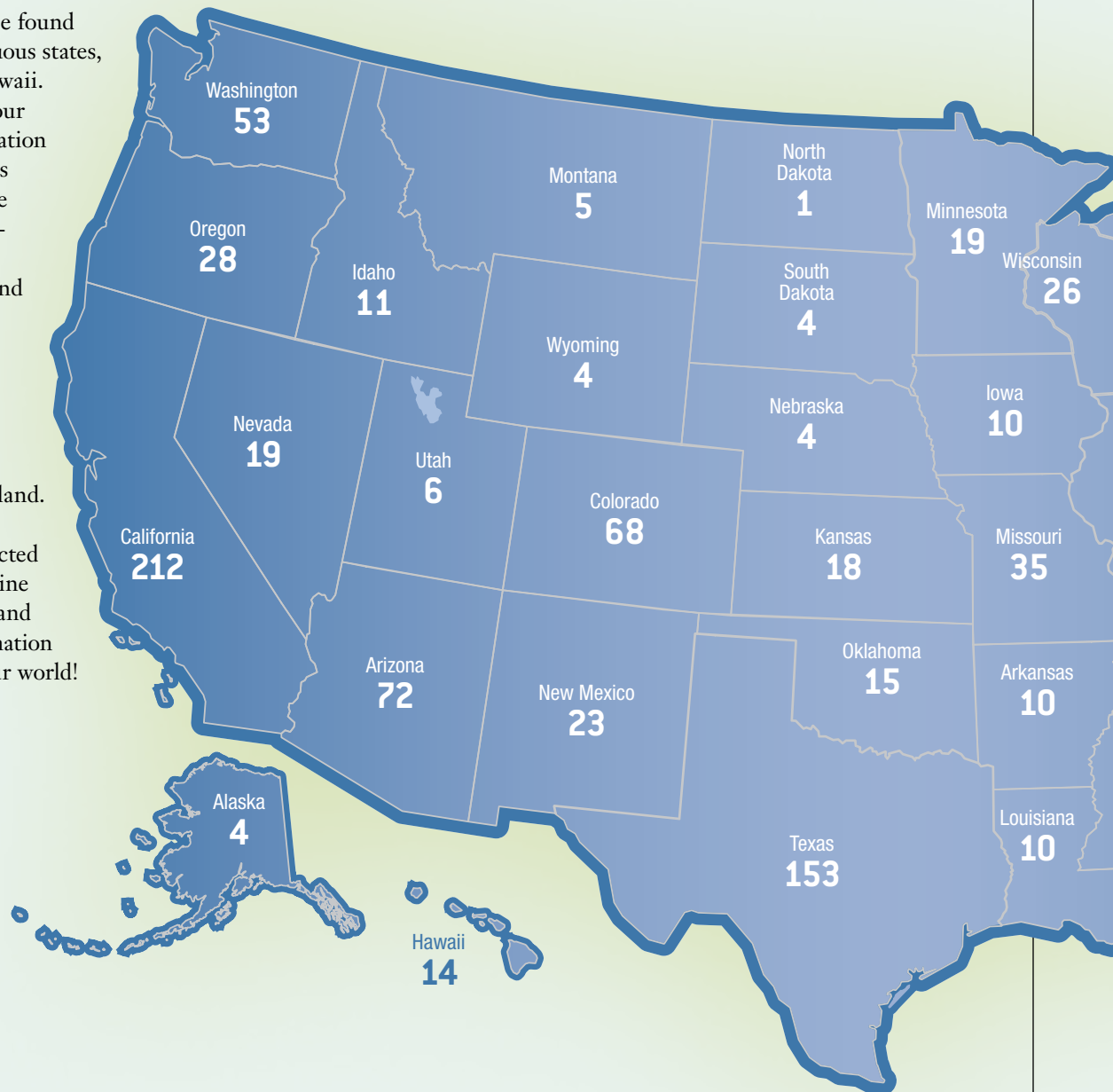
Glunt Contracting Service Inc.
 Health and Community Systems Faculty and Staff
 HealthSouth Harmarville Rehabilitation Hospital
 Heritage Valley Beaver
 Heritage Valley Sewickley
 Indiana Regional Medical Center
 Integrated Voice Solutions
 J.C. Costello Construction Inc.
 James P. Fahey Co., Inc.
 Jayar Construction Co., Inc.
 Jefferson Regional Medical Center
 Jewish Healthcare Foundation of Pittsburgh
 Johnson and Johnson
 Kelly-Rielly-Nell Associates, Inc.
 Kennametal Foundation
 Laborers' District Council of Western Pennsylvania
 Latrobe Hospital
 LifeCare Management Services, LLC
 Macy's Foundation
 Medical Staff of the Medical Center, Beaver, Pa., Inc.
 Medical Staff of Sewickley Valley Hospital
 Mellon Financial Corporation Foundation
 Mercy Critical Care Associates P.C.
 The Mercy Hospital of Pittsburgh
 Mercy Jeannette Memorial Hospital
 Merrill Lynch and Co. Foundation
 Monongahela Valley Hospital
 Morgan Stanley Foundation
 Neuroscience Nursing Foundation
 Ohio Valley General Hospital
 Passavant Hospital Foundation
 Pella Windows and Doors
 Pennsylvania Higher Education Foundation
 PPG Industries Foundation
 Robert Morris University
 Roche Laboratories, Inc.
 Rockwell Automation Charitable Corp.
 Schindler Elevator Corp.
 Schumacher Homes of Greensburg, Inc.
 Sewickley Valley Hospital Foundation

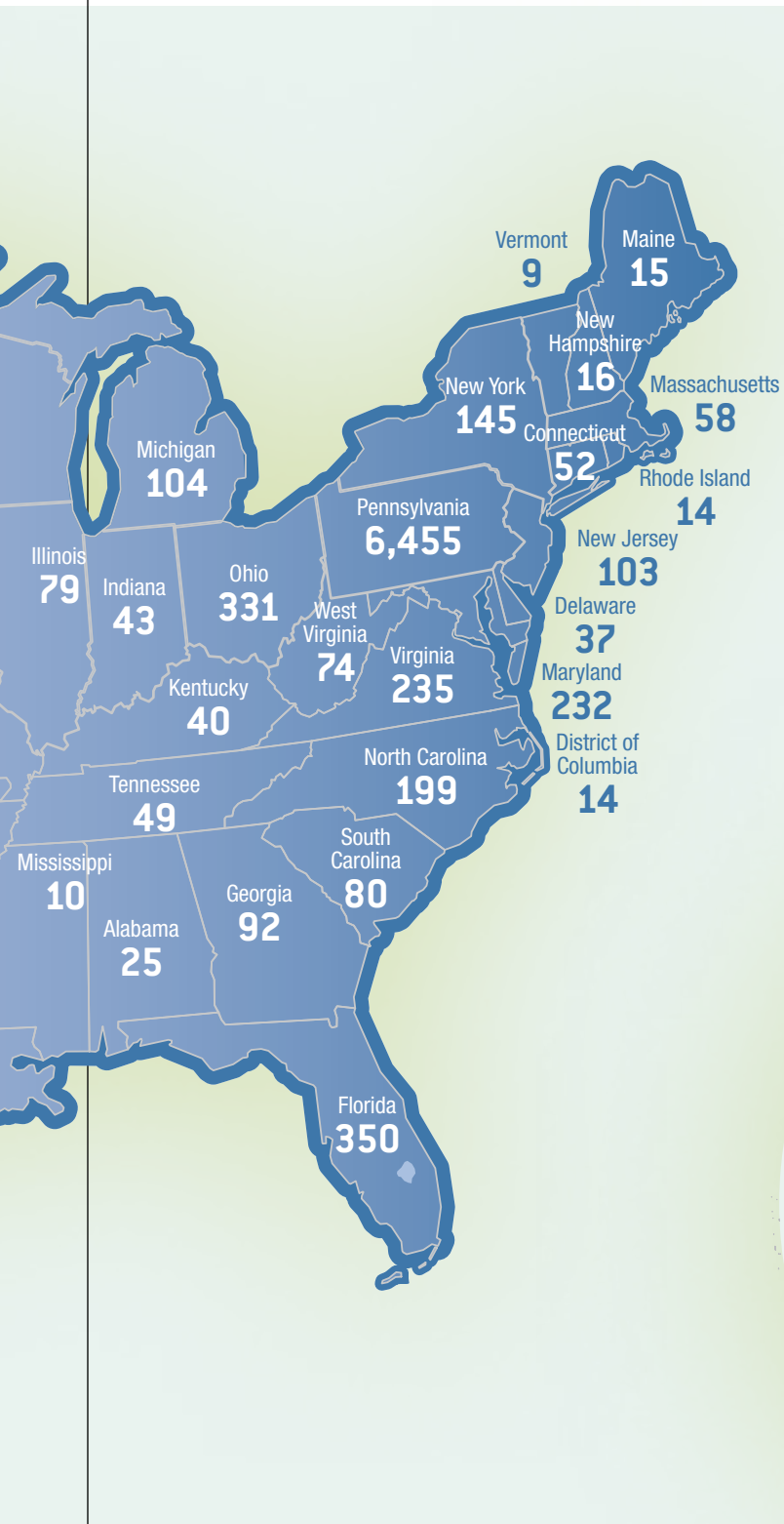
Sigma Theta Tau International, Inc.
 Sleepytime Anesthesia LLC
 Somerset Hospital
 Speakman Financial Group
 St. Margaret Foundation
 Stat Staffing Medical Services, Inc.
 Susan G. Komen Breast Cancer Foundation
 T. A. Ward Constructors, Inc.
 Tenet Healthcare Foundation
 Uniontown Hospital
 United Way of Allegheny County
 University of Pittsburgh Medical Center
 UPMC Bedford Memorial
 UPMC Braddock
 UPMC Braddock Medical Staff
 UPMC Cancer Center
 UPMC Horizon Community Health Foundation
 UPMC Magee Womens Hospital
 UPMC McKeesport
 UPMC Passavant
 UPMC Passavant Professional Staff
 UPMC Presbyterian Hospital
 UPMC Saint Margaret
 UPMC Shadyside Hospital
 UPMC South Side
 UPMC St. Margaret Staff
 Verizon Foundation
 West Virginia University Hospital, Inc.
 Western Pennsylvania Hospital
 The Western Pennsylvania Hospital School of Nursing
 Western Psychiatric Institute and Clinic
 WPAHS-Allegheny General
 WPAHS-Allegheny General Hospital
 WPAHS-Canonsburg General Hospital
 WPAHS-Forbes Regional Hospital
 WPAHS-Suburban General Hospital

Pitt Nurses Are Everywhere!

UNIVERSITY OF PITTSBURGH School of Nursing alumni can be found in each of the 48 contiguous states, as well as Alaska and Hawaii. The map indicates that our densest alumni concentration lies within Pennsylvania's borders, but our presence is of national—and international—proportion. Pitt nurses practice around the world from Australia to the United Kingdom and can be found in 28 countries. Significant numbers of Pitt nursing alumni live in Canada, India, Taiwan, and Thailand.

Distance may be a factor, but staying connected is easy. Visit us often online at www.nursing.pitt.edu and keep your contact information current. Your world is our world!





WORLDWIDE

Australia	1	Philippines	2
Botswana	1	Puerto Rico	1
Canada	8	Saudi Arabia	1
Egypt	2	Sierra Leone	1
Germany	1	Singapore	2
India	7	South Africa	1
Iraq	3	Sweden	1
Israel	1	Switzerland	1
Japan	1	Taiwan, Republic of China	8
Jordan	2	Thailand	6
Korea	2	United Kingdom	3
Mali	1	Virgin Islands	1
Mexico	1	America Europe*	6
Panama	1	America Pacific*	2

*U.S. military address



ALUMNI NEWS + NOTES

1950s

Eleanor M. Stittich (MLit, '54, BSNEd, '51) is professor emerita at California State University, Fresno. She was inducted into the Central San Joaquin Valley Nursing Hall of Fame in 2005, was appointed to the steering committee for the Center for Nursing Excellence at CSU in 2007, and is listed in the eighth edition of *Who's Who in American Education 2007-2008*.

Ruby L. Wilson (EdD, BSNEd '54, RN, FAAN) received the Duke University Medal for Distinguished Meritorious Service in 2006. Also in 2006, the Patient Assessment Lab in the new School of Nursing building was named for her. Wilson received the inaugural Duke University Nursing Alumni Life Achievement Award in 2008. She is professor of nursing, assistant to the chancellor for health affairs, and dean emerita, School of Nursing.

1960s

Susan Gelfand Malka (BSN '65) is the author of a new book, *Daring to Care/American Nursing and Second-Wave Feminism*, published in 2007 by the University of Illinois. Malka is a former nurse and nursing instructor who teaches American and women's history at the University of Maryland.

1970s

Jeanne Hopple (BSN '77, MSN, CFHNP) is a board-certified nurse practitioner with Ocala Family Physicians, P.A., in Ocala, Fla. She also is a doctoral candidate in surgical nursing at the University of Central Florida in Orlando. She was invited to present her original

research on "Resilience in Older Women: Evolutionary Concept Analyses" at the Southern Nursing Research Society meeting in Birmingham, Ala. She also holds a courtesy faculty appointment at the University of Florida College of Nursing in Gainesville and is a clinical preceptor for the UF Family NP students.

Linda R. Phillips (PhD, MN '73, BSN '69) was awarded the 2007 National Doris Schwartz Gerontological Nursing Research Award. The tribute is given annually in honor of Doris Schwartz, a pioneer in gerontological nursing research, in recognition of the recipient's visionary and exemplary contributions advancing the field of geriatric nursing research. Phillips joined the UCLA College of Nursing in 2006 and holds the Audrienne H. Moseley endowed chair in nursing.

Susan Tremont (BSN, '77) has returned to nursing through the Fast Track Back program after a 22-year absence while she raised her children. She attests to the need and popularity of the program. **George Panzak** (BSN '77) and **Mary Lou Goodrich Sirianni** (BSN '77) from the same class have entered the program as well. "So many of the women from our generation have so much invested in nursing," says Tremont, "and it's wonderful to get back to it now that our children are grown." She added that the Fast Track Back (FTB) program made it possible to overcome any fears she had about trying to come back. The program "gets you ready to enter a hospital orientation, not jump back onto the floor," with all of the responsibilities that it entails. "The preceptor role was critical to our

success." FTB is especially well-represented by the Class of '77:

Rosemary L. Hoffmann (PhD, MSN '83, BSN '77, RN) is now an FTB faculty member.

1980s

Susan Bindon (BSN '84) is the senior consultant for education development at LifeBridge Health in Baltimore, Md. She works with schools of nursing to establish relationships and possible partnerships that benefit both the students and the hospitals.

Barbara Brennan (MSN '84) is chief nursing officer for the Skyline Medical Center in Nashville, Tenn.

Melanie Erskine (BSN '78, MSN '85) has recently been appointed by the Veterans Integrated Service Network to oversee the implementation of two nationally recognized programs designed to improve the health and well-being of veterans and their families, and to promote electronic access to health information for veterans, their families, and employees of 10 Veterans Administration medical centers and 43 affiliated outpatient clinics.

Bonnie D. Harr (MSN '82) is the chief operating officer of a multi-corporation medical center. She is also a national consultant to medical spas, an Endorsed HealthRhythms facilitator, and a soon-to-be-published author.

Janet Horvath (BSN '85) is a staff nurse at UPMC Shadyside.

Kathy Butler Mayle (BSN '77, MNEd '80, MBA) is a doctoral candidate in health care ethics at Duquesne University.

Bernadette Melnyk (PhD, MSN '83, RN, CPNP/NNP, FAAN, FNAP), dean, College of Nursing and Healthcare Innovation at Arizona State University, has been appointed to the U.S. Preventive Services Task Force.

Marie Moreau (MSN '89, BSN '85) is a CRNP for Tri Rivers Surgical Associates in Pittsburgh.

Janet (Baird) Reynolds Welker (BSN '83, MSN '87) is manager of special projects at the Iowa Foundation for Medical Care. She is also an adjunct faculty member of the Grand View College Department of Nursing in Des Moines, Iowa.

Michael Seelman (BSN '84) was recently promoted to senior vice president and chief operating officer of Forum Health Services in northeastern Ohio.

1990s

Julie Alexander-Royzman (BSN, '97) is a certified occupational health nurse and case manager for Pfizer, Inc. She has worked in its employee Health Services Department for eight years and lives in New York City.

Orly Toren (PhD '98) has been named associate director of the nursing division at Hadassah Medical Organization in Jerusalem, Israel. A critical care and open heart surgery nurse, Toren was the director of nursing and paramedical professions at the Sheba Medical Center in Tel Hashomer prior to coming to Hadassah.

2000S

Wendy Henderson (PhD, '07, MSN '99, BSN '94, CRNP, RN) is working at the National Institute of Nursing Research (National Institutes of Health) as a staff scientist in the Bio-Behavioral Unit. The focus of Henderson's research is to better understand the mechanisms involved in symptom distress related to digestive and liver diseases, specifically the biobehavioral relationships between inflammation and patient symptoms. The goal of her current studies is to identify genetic or other biologic/physiologic factors that predict patient-related clinical outcomes.



Dean Jacqueline Dunbar-Jacob presents the game ball to alumni emeritus William J. Cully after the Pitt women's basketball game on February 2. Cully, president of United Plate Glass Co., Inc. of Butler, Pa., is an active member of the School of Nursing's Volunteer Advisory Committee and is a 2008 recipient of the school's Honorary Alumni Award.

In Memoriam

Beryl Houghton Jackson, MN '72, PhD '82

Dr. Beryl Houghton Jackson, 83, passed away on September 2, 2007. Former faculty member at the School of Nursing, Dr. Jackson was named a 1996 Distinguished Alumnus of the school. She was a founding member of Pitt's African American Nursing Alumni Scholarship Committee and in 2002 established the Beryl B. Houghton Jackson Endowed Fund for Graduate Students to Study Women's Health at the School of Nursing.

Elaine Tomnay McHaffie, BSNEd '71, MN '76

Elaine Tomnay McHaffie passed away on August 12, 2007. Ms. McHaffie, an instructor in the Department of Health Promotion and Development at the School of Nursing until her retirement in May 2002, taught pediatric nursing. Formerly of Aliquippa, Pa., McHaffie and her husband, Richard, retired to Clermont, Fla. In addition to her husband, she is survived by daughter Kerry Anderson of Pittsburgh.

Dr. Mary Virginia Neal, MLIT '52

Dr. Mary Virginia Neal passed away on October 11, 2007. A Living Legend and Fellow in the American Academy of Nursing, she was named a 1984 Distinguished Alumnus of the School of Nursing. Throughout her professional nursing career, Dr. Neal made a significant impact in the area of prenatal and premature infant care, developing an apparatus to simulate the rocking motion and then studying its effect on premature infants.

Evelyn Page Parker

Evelyn Page Parker, 86, passed away on January 2, 2008. A former School of Nursing faculty member, Ms. Parker earned a master's degree from Pitt's Graduate School of Public Health. She was passionate about nursing and mentoring young African Americans to pursue a career in nursing. The Pittsburgh Black Nurses in Action, where Ms. Parker was an active member, has named a scholarship in her honor.

Maureen F. Rusnock, MNEd '67, MN '72

Maureen F. Rusnock, 77, passed away on January 16, 2008. Former vice president of nursing services at UPMC Presbyterian and School of Nursing faculty member, Ms. Rusnock was named a 1983 Distinguished Alumnus of the School of Nursing.

She was dedicated to the nursing profession and served on a host of local and state professional organizations, including the Pennsylvania Nurses Association, Sigma Theta Tau, and the Hospital Council of Western PA.

2007 DISTINGUISHED ALUMNA HONORED IN THAILAND

Soon after **Dr. Vunvilai Chandrabha** (PhD '75, MN '72, BSN '63) was named a 2007 University of Pittsburgh School of Nursing Distinguished Alumna last spring, she passed away. The colleague and friend who submitted Chandrabha's nomination packet, Julia R. Plotnick, MPH, RN, FAAN, RADM, USPHS (ret.), believed the award plaque should hang in the Bureau of Nursing, Department of Medical Services, at the Ministry of Public Health in Bangkok, Thailand as a tribute to the late Dr. Chandrabha.

Plotnick traveled to Thailand late last fall to attend the annual nurse convention there. During the convention program, Plotnick read School of Nursing Dean Jacqueline Dunbar-Jacob's remarks from Alumni Day 2007 and a moment of silence was observed by the nearly 1,000 nurses in attendance. She then presented the plaque to Bureau of Nursing Director Dr. Kanjana Chunthai of the Ministry of Public Health. It is Thai custom for a book to be printed in honor of a prestigious individual upon his or her death. Plotnick shared the book created on behalf of Dr. Chandrabha with the school.

Janice Estelle Bachtell '58
July 7, 2007

Diane Jessie Comer '90
October 28, 2007

Gwen Gunter Feather '73
November 7, 2007

Gratia J. Gikling, '43, '48
November 2006

Anna Hartman Hall '49
June 27, 2007

Keli Ann Heiple '03
February 8, 2007

Martha Grabowski Kvara '46
October 31, 2007

Dorothy True Metzger '58
June 11, 2007

Eugenia Kirby Santini '49
June 5, 1998

Margaret Osborne VanDyke '49
February 3, 2007

Mary Jane Cunningham Zoller '50
October 1, 2007

Continuing Education

The University of Pittsburgh School of Nursing's Continuing Education Program provides a broad range of on-site and online activities tailored to nurses in clinical practice. To meet the new legislative requirements for annual continuing education, we have launched a series of online education programs. To learn more about our educational programs, please call 412-624-3156, e-mail chb30@pitt.edu, or visit www.nursing.pitt.edu.

ON-SITE PROGRAMS AT THE VICTORIA BUILDING

15TH ANNUAL NURSING HORIZONS CONFERENCE: BEST PRACTICES IN PATIENT SAFETY: SHARING THE EVIDENCE

Friday, May 16, 2008

Patient safety is the highest priority in health care delivery. This conference showcases the best practices in patient safety as they relate to communication, technology, and work environments. National and local professional nurses from all health care arenas will present their best practices and discuss their outcomes in promoting patient safety. The target audience is clinicians, educators, and managers in clinical and academic settings.

Continuing Nursing Education Credits: 5.2
Registration Fee: \$125

2008 PHARMACOLOGY UPDATE CONFERENCE

Thursday, August 21, 2008

Our 2008 Annual Pharmacology Update includes topics of interest for all health care professionals, including advanced practice nurses, pharmacists, physicians, and physician assistants. We emphasize a broad pharmacologic knowledge base through dynamic presentations of pharmacologic issues affecting patient care. Concurrent sessions address drug therapies for adult and child populations with content that enables clinicians to offer pharmacologic interventions that are evidence based and support best practice.

Continuing Nursing Education Credits: 8
Registration Fee: \$125

FAST TRACK BACK: RE-ENTRY TO PRACTICE FOR REGISTERED NURSES PROGRAM

FALL SESSION: October 1–November 9, 2008

The Fast Track Back: Re-entry to Practice for Registered Nurses Program prepares registered nurses for re-entry into hospital-based nursing practice through 20 hours of classroom and human simulation learning and 80 hours of hospital-based practice with an experienced registered nurse clinical coach.

This program is designed for registered nurses with a current nursing license in the state of Pennsylvania to refresh their nursing skills. This program is a recognized **refresher program and not a reinstatement program**, which is required in the event a registered nurse has let the nursing license expire.

Program fee: \$1,300 plus a \$12 liability insurance fee, which is required for nurses doing clinical practice at UPMC facilities. The program fee includes tuition, textbooks, lunch, and parking for the didactic and simulation components at the Oakland campus.

Continuing Nursing Education Credits: 105

ONLINE PROGRAMS

FUNDAMENTALS OF CLINICAL ETHICS FOR NURSES

This is a fundamental clinical ethics course providing the practicing nurse with information about terms, concepts, and theories commonly used in clinical ethics. This course is for registered nurses from diverse educational and specialty backgrounds. Other health care providers (such as physical therapists, occupational therapists, and social workers) seeking a basic course in clinical ethics would also benefit from this course.

Continuing Nursing Education Credits: 10
Registration Fee: \$100

For more information, contact Lisa M. Bernardo, RN, at lbe100@pitt.edu.

THE CLINICAL PRECEPTORSHIP: A BRIDGE BETWEEN KNOWLEDGE AND PRACTICE

The strength of the program is the involvement of preceptors like you—knowledgeable, experienced nurses who are willing to guide students.

A five-module, self-paced online course is offered for nurses who work one on one with our nursing students. This online course is offered without charge to current and potential nursing student preceptors.

Continuing Nursing Education Credits: 1

To register or for more information, contact Terry Northcutt, RN, coordinator for Community Clinical Placements, at northcutt@pitt.edu or 412-648-0287.

COPROVIDED PROGRAMS

CENTER FOR RESEARCH IN CHRONIC DISORDERS: VISITING SCHOLARS SERIES 2007–2008

Monday, April 7, 2008 and Monday, May 5, 2008, 12–1:30 p.m.

The series focus on the impact of health policy and systems on patient and provider adherence. Attendees will gain an understanding of and appreciation for the importance of policy and systems on health care in the United States and abroad through presentations by expert scientists in this field.

Continuing Nursing Education Credits: 1.5

For more information and reservations, contact Kathleen Kennedy at kke100@pitt.edu.

CENTER FOR RESEARCH METHODOLOGY SEMINAR SERIES

WRITING FOR THE MEDIA

Monday, April 21, 2008

THROUGH A JOURNAL EDITOR'S EYES

Monday, May 19, 2008, 12–1:30 p.m.

This series is designed for staff nurses, nurse researchers, and nursing educators interested in further developing their writing skills.

Continuing Nursing Education Credits: 1.5

For more information and reservations, contact Kathleen Kennedy at kke100@pitt.edu.

The University of Pittsburgh School of Nursing is an accredited provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

PITT NURSING ACCESSORIES

PITT NURSING BRACELET'S POPULARITY CONTINUES!

Join the many alumni, students, and friends of the University of Pittsburgh School of Nursing who are proudly showing off Pitt nurse pride each time they wear this lovely bracelet, created exclusively for the Nursing Alumni Society. Made of sterling silver beads and Swarovski crystals, the bracelet features blue and khaki crystals. Each piece is handcrafted and strung on 49-strand stainless steel nylon-coated wire. Bracelets—available in 7-inch, 7½-inch, and 8-inch lengths—can be ordered in two styles. One style features more crystals, whereas the other features more sterling silver beads. The bracelet comes with a nursing cap charm, and customers may choose between a lobster claw or toggle clasp. Bracelets sell for \$50 each.

When ordering, please make sure to specify length, style, and clasp. Use the order form provided or download an order form from the School of Nursing Web site at www.nursing.pitt.edu; click on "Alumni & Friends." Questions can be directed to the School of Nursing alumni office at 412-624-2404. Proceeds benefit student activities and scholarships.

QTY.	SIZE	STYLE	CLASP	PRICE	TOTAL
	Small (7") Approx. wrist size 6"			\$50	
	Medium (7½") Approx. wrist size 6½"			\$50	
	Large (8") Approx. wrist size 7"			\$50	
SHIPPING/HANDLING					\$ 3
ORDER TOTAL					\$

Name: _____ Phone: _____

Address: _____ E-mail: _____

Make checks payable to **University of Pittsburgh** and write "Pitt Nursing Bracelet" on the memo line. Mail check and order form to: **University of Pittsburgh, School of Nursing, Alumni Office, 218 Victoria Building, 3500 Victoria Street, Pittsburgh, PA 15261.**



NIGHTINGALE LAMP

Enjoy this lovely ceramic Nightingale Lamp, symbolic of modern nursing and a reminder of the University of Pittsburgh School of Nursing's tradition of "passing of the light," for only \$25.



PITT NURSING TOTE BAGS

A great way to carry just about anything, these navy blue canvas totes are durable, bear the University of Pittsburgh School of Nursing seal, and are a real bargain at \$10.

I would like to order _____ lamp(s) at \$25 each.

I would like to order _____ tote bag(s) at \$10 each.

Total enclosed: \$ _____

Name: _____

Address: _____

E-mail: _____

Please make checks payable to **University of Pittsburgh.**

Mail or drop off your order to:

University of Pittsburgh
School of Nursing
Joan Nock
218 Victoria Building
3500 Victoria Street
Pittsburgh, PA 15261

Thank you for your support of the Nursing Alumni Society and School of Nursing students!

Faculty News

Lora Burke (PhD '97, MPH '98, FAAN), professor of nursing and epidemiology in the Department of Health and Community Systems, was elected as the vice chair/chair-elect for the American Heart Association Scientific Council on Nutrition, Physical Activity and Metabolism. It is a six-year commitment.

Rebekah Hamilton (PhD, MSN, RN), assistant professor in the Department of Health Promotion and Development, is moderating a scheduled chat room specific to the issues younger women face who find out they carry the BRCA mutation, which significantly increases their risk of breast and ovarian cancer. The chat room began in September and takes place one Friday evening a month on the FORCE (Facing Our Risk of Cancer Empowered) Web site.

Ann M. Mitchell (PhD '87, RN, CCRC, AHN-BC) assistant professor in the Department of Health and Community Systems, received the 2008 Beckwith Institute for Innovation in Practice Award for her work on Non-Pharmacological Interventions to Decrease Agitation in Patients with Dementia. She is principal investigator working with **Dawn DeCicco** (MSN '06, RN), **Michelle Cain**, (BSN '90, RN), **Georgia Patterson**, RN, and the staff on the Integrative Health and Aging Program at Western Psychiatric Institute and Clinic (WPIC). Recent graduate nurse **Cara Tiedeken** (BSN '07) and current nursing students **Lynn Boucek** and **Raeann Rose** also are working with this evidence-based practice (EBP) team of nurses. Mitchell also is a faculty consultant to the EBP and Research Council of WPIC.

Donna G. Nativio (PhD, CRNP, FAAN, PNP), associate professor and director of the Family/Adult and Pediatric Nurse Practitioner Programs in the Department of Health Promotion and Development, recently received notification of successful completion of the PNP Primary Care Review process conducted by the Pediatric Nursing Certification Board. Recognition is granted through 2010.

Gilan El Saadawi (MD, PhD, MS '04) assistant professor in the Department of Health and Community Systems, received an award from the National Institutes of Health for her proposal, A Standards-Based Tool for Clinical Trials Protocol Authoring. Total Project Period: 9/26/07–8/31/09 Total Project Award: \$237,600

Paula Sherwood (PhD, RN, CNRN), assistant professor in the Department of Acute and Tertiary Care, received an award from the National Institutes of Health for her proposal, "Mind-body Interactions in Neuro-oncology Family Caregivers." Total Project Period: 9/14/07–7/31/12 Total Project Award: \$2,029,317



Lora Burke



Judith Erlen



Janet Grady



Ann M. Mitchell



Paula Sherwood



Patricia Tuite

Patricia Tuite (MSN '92, BSN '85), instructor in the Department of Acute and Tertiary Care, was nominated for an Excellence in Education Award from the American Association of Critical Care Nurses.

Transitions

Sandra R. DeLuca (MSN '87, RN) joined the Department of Health and Community Systems as a part-time Instructor.

Judith Erlen (PhD, MSN, RN, BSN '66) accepted the additional role of interim department chair of Health and Community Systems.

Patricia Fratangelo (MSN, RN) joined the Department of Acute and Tertiary Care as a part-time instructor.

Janet Grady (DrPH '00, MSN '89, RN) joined the University of Pittsburgh at Johnstown School of Nursing, Department of Health and Community Systems, as a full-time associate professor and director of the Nursing Program.

Margaret Hannan (PhD '07, MSN '01, CPNP, RN) joined the Department of Health Promotion and Development as a full-time assistant professor.

Alice Jane Haines (MSN '89, RN) joined the Department of Acute and Tertiary Care as a full-time instructor.

Allyson Havill (PhD, MA, MSN '88, RN) joined the Department of Health and Community Systems as a full-time assistant professor.

Irene Kane (PhD '07, MSN '80, RN) joined the Department of Health and Community Systems as a full-time assistant professor.

Heeyoung Lee (PhD, MSN, RN) joined the Department of Health and Community Systems as a full-time assistant professor.

Michael W. Neft (MSN, CRNA, RN) joined the Department of Acute and Tertiary Care as a full-time instructor.

Lora Ott (MSN '95, RN) joined the Department of Acute and Tertiary Care as a part-time instructor.

Student News

Alison Bedekovich, junior nursing student, has been selected to attend the 2009 Presidential Youth Inaugural Conference (PYIC) in Washington, D.C. PYIC is designed to educate, motivate, and inspire students by giving them a deeper understanding of the electoral history of the United States as well as their roles in democracy. PYIC provides high-achieving alumni of the Congressional Youth Leadership Council and the National Youth Leadership Forum an opportunity to witness the responsibilities of leadership while commemorating a truly historic event—the presidential inauguration.

Joseph Ciampoli and **Amanda Edris**, senior nursing students, participated in the second four-week interprofessional Healthteam course offered through the School of Medicine (the first course was offered in January 2007). Working with a student each from the School of Medicine, the School of Pharmacy, and the School of Social Work, Ciampoli and Edris developed a plan of care incorporating interprofessional team members for a group of inpatients and outpatients with renal disease, dialysis, and transplantation; shadowed professionals from the other disciplines; and represented nursing to those professions. Ciampoli also was named the 2008 Emma W. Locke Award winner.



Joseph Ciampoli

Jatolloa Davis, sophomore nursing student, was elected as the greater Pittsburgh region representative at the Student Nurses' Association Pennsylvania (SNAP) State Convention; she fills the position held by senior Kathleen McCormick last year. McCormick also received the SNAP Upperclassman Award.

Matthew Gallek, BSN '01, RN '07, was named a Society of Critical Care Medicine Research Citation Finalist for 2008 for his abstract, "Endothelin-1 Tagging SNPs are Associated with Cerebral Vasospasm and Long Term Outcomes Following Aneurysmal Subarachnoid Hemorrhage." The award is intended to recognize excellence in critical care research for a number of specialties. As a Research Citation finalist, Gallek attended the 37th Critical Care Congress in Honolulu, Hawaii in February, where he was invited to display a poster of his original scientific research.

Sirena Lehmer, senior transition student, was cited by staff nurses on her UPMC Presbyterian clinical unit for recognizing a knowledge deficit on the part of the nursing staff and working to fill it. She researched and created a highly sophisticated informational bulletin board addressing abdominal drain issues, and, in the process, bridged the gap between education and service.

Melissa V. Taylor, PhD '05, RN, won first place for the New Investigator Award for the American Heart Association Council on Cardiovascular Nursing.

UPCOMING EVENTS

PINNING CEREMONY

Friday, April 25, 2008
7 p.m.
Soldiers and Sailors Military Museum and Memorial

GRADUATE STUDENT DINNER

Sunday, April 27, 2008
4 p.m.
Pittsburgh Athletic Association

ALUMNI DAY 2008: "A CELEBRATION OF PITT NURSING"

Saturday, May 3, 2008
9 a.m.
Welcome and Continental Breakfast
School of Nursing
First-Floor Lobby, Victoria Building
Noon
Luncheon
Twentieth Century Club

NANCY GLUNT HOFFMAN MEMORIAL GOLF OUTING

Friday, July 18, 2008
12:30 p.m.
Shotgun Start
Longue Vue Club

CONVOCATION

Monday, September 8, 2008
1 p.m.
First-Floor Lobby
Victoria Building

CAMEOS OF CARING AWARDS GALA

Saturday, November 1, 2008
6 p.m.
Reception and Silent Auction
7 p.m.
Dinner and Awards Presentation
Spirit of Pittsburgh Ballroom
David L. Lawrence Convention Center

Can you identify the year and the faces?



IF SO, CONTACT JOAN NOCK AT 412-624-2404 OR JNO100@PITT.EDU. WE WILL PUBLISH YOUR ANSWER IN THE NEXT ISSUE OF *PITT NURSE*.

Want to share your memories with fellow alums? Just send us your favorite photo of yesteryear, and we'll run it in an upcoming issue. Submit your pics to: University of Pittsburgh, School of Nursing, 218 Victoria Building, 3500 Victoria Street, Pittsburgh, PA 15261. All pictures will be returned.



REMEMBER WHEN? PHOTO FROM FALL 2007 ISSUE

Evelyn Hoop O'Block submitted the photo of the Class of 1953 that appeared in the Fall 2007 issue of *Pitt Nurse*. Special thanks also to Jane Fleming Green and Patricia Moll Glessner, who wrote in response to the photo.

According to O'Block, the members in the photo are: (top row, left to right) Patricia Nelson, Lorraine M. Linar, Marianne Halle, Georgianna Booth, Marcy Toohill; (middle row) Charlotte Jones, Dorothy Ryan, Evelyn Hoop (O'Block); and (front row) Mary Gillespie, Carolyn Smith, Anna Campbell, and Wilda Yeager. It is always great to hear from alumni who enjoy putting names to faces. Thanks to all who took the time to contact the School of Nursing.

UNIVERSITY OF PITTSBURGH
SCHOOL OF NURSING
ALUMNI SOCIETY
EXECUTIVE COMMITTEE

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DESIGN

DEPARTMENT OF UNIVERSITY MARKETING COMMUNICATIONS

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Published in cooperation with the Department of University Marketing Communications. UMC62873-0408.

NANCY GLUNT HOFFMAN MEMORIAL GOLF OUTING

Save the Date

THIRD ANNUAL
NANCY GLUNT HOFFMAN
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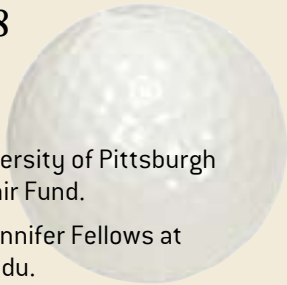
FRIDAY, JULY 18, 2008

12:30 p.m. Shotgun Start

Longue Vue Club, Verona, Pa.

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