Curriculum Vitae

Melissa D. Harlan, DNP, RN, ACNS-BC, CHSE

| Business Address: | 3500 Victoria Street 336 Victoria Building Pittsburgh, PA 15261 | E-Mail Ado | Iress: MDH71@pitt.edu | |
|------------------------|---|--------------|---|--|
| Business Phone: | (412) 648-4722 | Business Fa | x: (412) 383-7227 | |
| | Education and T | raining | | |
| Undergraduate | | | | |
| 2002 - 2006 | Allegheny College Meadville, PA | BS | Biology Magna Cum Laude | |
| 2007 - 2008 | West Virginia University School of Nursing Morgantown, WV | BSN | Nursing Magma Cum Laude | |
| Graduate | | | | |
| 2011 - 2014 | University of Pittsburgh School of Nursing Pittsburgh, PA | MSN | Clinical Nurse Specialist Adult Health Sigma Cum Laude | |
| 2017 - 2018 | University of Pittsburgh School of Nursing Pittsburgh, PA | DNP | Clinical Nurse Specialist Adult Gerontology Sigma Cum Laude | |
| | <u>Leadership Tra</u> | aining | | |
| 2024 | University of Pittsburgh Pittsburgh, PA | | Faculty Leadership Academy | |
| Academic | Appointments and Positions Academic | | | |
| 2019 – Present | University of Pittsburgh School Pittsburgh, PA | l of Nursing | Assistant Professor Acute and Tertiary Care | |

| 2017 – 2018 | University of Pittsburgh School of Nursing Pittsburgh, PA | Teaching Fellow RN Options Program, Nazarbayev University, Kazakhstan |
|--------------|--|--|
| 2015 - 2017 | University of Pittsburgh School of Nursing Pittsburgh, PA | Clinical Instructor Acute and Tertiary Care |
| Non-Academic | | |
| 2014 - 2015 | South America Mission Santa Cruz, Bolivia | Community Health Nurse Educator |
| 2009 - 2014 | Allegheny General Hospital Pittsburgh, PA | Staff Nurse |

Leadership Development

| 2024 | Health Sciences Leadership Academy for Early Career Faculty | Participant |
|------|---|-------------|
| | University of Pittsburgh, Pittsburgh, PA | |

Licensure and Certification

| 2009 - Present | American Heart Association | BLS Provider |
|----------------|---|---|
| 2009 - Present | RN-602385-L | Pennsylvania |
| 2014 – Present | American Nurses Credentialing Center | Adult Health Clinical Nurse Specialist Certification |
| 2015 – Present | CNS-000223-L | Pennsylvania |
| 2015 – Present | RN-278403-L (inactive) | North Carolina |
| 2015 – Present | CNS-334-L (inactive) | North Carolina |
| 2015 - 2017 | RN-0001259721-L (expired) | Virginia |
| 2015 - 2017 | CNS-0015001014 (expired) | Virginia |
| 2019 - 2020 | American Psychiatric Nurses Association | Medication Assisted Treatment |

Membership in Professional and Scientific Societies

| 2005 – Present | <i>Beta Beta Beta</i> Honors Society |
|----------------|--|
| 2006 – 2007 | Community Service Coordinator |
| 2006 – Present | <i>Phi Beta Kappa</i> Honors Society |
| 2017 – Present | Sigma Theta Tau International, Eta Chapter |
| 2019 – Present | Board of Directors |
| 2019 – 2021 | Counselor |
| 2021 – 2023 | Leadership Succession Committee Member |
| 2022 – Present | Mentorship Program Coordinator |
| 2018 – Present | International Nurses' Association |
| 2019 – Present | National Association of Clinical Nurse Specialists |
| 2023 – Present | Professional Development Committee Member |

<u>Honors</u>

| 2004 | Gilman International Scholarship |
|------|--|
| 2008 | Kairos International Scholarship |
| 2011 | Pennsylvania House of Representatives Nurse Alliance Continuing Education Day Honoree |

Other Scholarly Activities

Manuscript Reviewer

| 2019 - Present | American Nurses' Association: American Nurse Today Journal |
|----------------|--|
| 2022 - Present | Western Journal of Nursing Research |

Abstract Reviewer

| 2020 - Present | Sigma Theta Tau International Eta Chapter Scholars' Night |
|----------------|--|
| 2021 - Present | National Council of Clinical Nurse Specialists Annual Conference |

Grant Reviewer

2023 - Present University of Pittsburgh School of Nursing Teaching as Research Award

Scholarship Reviewer

| 2019; 2023 | Sigma Theta Tau International Eta Chapter Undergraduate Student |
|------------|---|
| | Scholarships |

Research

Role: Principal Investigator Distinguished Clinical Scholar Award Development and Implementation of a Mentoring Program for Nursing Students and Graduate

Nurses Award: \$31,808

Role: Principal Investigator

Jane Eleanor Knox Research as Teaching Award Title: Use of Cognitive Rehearsal to Increase Self-Efficacy in Nursing Students Caring for **Aggressive Patients** Award: \$3,998.00

Role: Principal Investigator

Sigma Theta Tau International Eta Chapter Quality Improvement Award Title: A Quality Improvement Initiative to Identify Barriers to Adherence to an Evidence Based Bundle for Central Line Maintenance Award: \$2,500.00

Publications

- 1. Harlan, M.D., Rosenzweig, M.Q., & Hoffman, R.L. (2021). Preferred Teaching/Learning Strategies for Graduate Nursing Students in Web-Enhanced Courses. Dimensions of Critical Care Nursing, 40(3), 149-155. doi: 10.1097/DCC.000000000000469
- 2. Harlan, M.D., Beach, M., & Blazeck, A. (2021). Preparing ABSN Students for Early Entry and Success in the Clinical Setting: Flipping Both Class and Skills Lab with the Socratic Method. International Journal of Nursing Education and Scholarship, 18(1). https://doi.org/10.1515/ijnes-2021-0044
- 3. Matone, E., Verosky, D., Siedsma, M., O'Kane, E.N., Ren, D., Harlan, M., & Tuite, P.K. (2021). A Comfort Measures Only Checklist for Critical Care Providers: Impact on Satisfaction and Symptom Management. Clinical Nurse Specialist: The Journal for Advanced Nursing Practice, 35(6), 303-313. doi: 10.1097/NUR.000000000000633.
- 4. Pajerski, D.M., Harlan, M.D., Ren, D., & Tuite, P.K. (2022). A Clinical Nurse Specialist Led Initiative to Reduce Catheter Associated Urinary Tract Infection Rates Using a Best Practice Guideline. Clinical Nurse Specialist: The Journal for Advanced Nursing Practice, (36)1, 20-28. doi: 10.1097/NUR.00000000000643
- 5. Anderson, M., Kelly, L.R., Lauderman, C., Bench, J.R., Miller, S. & Harlan, M.D. (2022). Using Sharable Electronic Databases to Develop Nursing Case Studies to Simulate Clinical Experiences. Nurse Educator, 47(5), E122-E123. doi: 10.1097/NNE.00000000001157

2022

2019

2018

- 6. Harlan, M.D., Kennell, J.S., Lucas, W., Ren, D., & Tuite, P.K. (2022). A Clinical Nurse Specialist-Led Quality Improvement Initiative to Identify Barriers to Adherence to a Bundle for Central Line Maintenance. *Clinical Nurse Specialist: The Journal for Advanced Nursing Practice*, 36(2), 99-108. doi: 10.1097/NUR.000000000000657
- 7. Harlan, M.D., Bench, V., Hudack, C., Fennimore, L., Sherwood, P., Ren, D., & Kelly, L., (2023, July). Using Teaching Videos to Improve Nursing Students' Self-Efficacy in Managing Patient Aggression. *Journal of Nursing Education*, 62(7), 423-426. doi: 10.3928/01484834-20230509-06
- McCromley, K., George, Elisabeth L., Harlan, M. (2023, October). TUMBLE to Reduce Falls After Intensive Care Unit Stay. *Journal of Nursing Care Quality*, 39(2), 102-105. doi: 10.1097/NCQ.00000000000751
- Miller, S., Blazeck, A. & Harlan, M. (2004). Lyme Carditis Diagnosis, Management and Prevention: A Clinical Case Report. *American Nurse Journal*, 19(7), 24-6. doi: 10.51256/anj072424

Unpublished Presentations

National

- Harlan, M.D., Tuite, P.K., Kennell, J.L., Lucas, W., Choi, J.Y., & Chin, V. (2020, March). *Reducing Central Line-Associated Bloodstream Infections by Increasing Nurses' Adherence to Bundles for Central Line* Maintenance [Podium]. National Association of Clinical Nurse Specialists Annual Conference. Indianapolis, IN.
- Pajerski, D., Harlan, M.D., Ren, D. & Tuite, P. (2020, March). Reducing Catheter Associated Urinary Tract Infection Rates Using A Best Practice Guideline: A Quality Improvement Project [Poster]. National Association of Clinical Nurse Specialists Annual Conference. Indianapolis, IN.
- Hudack, C., Harlan, M.D., Bench, V., Fennimore, L., Sherwood, P., Ren, D., & Kelly L.K. (2022, April). Use of Cognitive Rehearsal to Increase Self-Efficacy in Nursing Students Caring for Aggressive Patients. [Podium]. National Council on Undergraduate Research. Gaitherberg, MD.
- 4. Harlan, M.D. Bench, V.R., Hudack, C. Fennimore, L., Sherwood, P., Ren, D., & Kelly, L. (2023, April). *Teaching Videos to Prepare Nursing Students to Care for Aggressive Patients*. [Podium]. National League for Nursing: National Education Research Conference. Washington, D.C.

Regional

- Lucas, W., Kennell, J.S. & Harlan, M.D. (2018, May). *The Central and Peripheral Line Care Bundle 2.0.* [Poster]. University of Pittsburgh Medical Center System-Wide Recipe for Success: Evidence-Based Practice Conference. Pittsburgh, PA.
- Harlan, M.D., Tuite, P.K., Kennell, J.S., Lucas, W., Choi, J.Y., & Chin, V. (2019, March). A Quality Improvement Initiative to Identify Barriers to Adherence to Evidence-Based Bundles for Central Line Maintenance. [Podium]. Sigma Theta Tau International Eta Chapter Scholars' Night. Pittsburgh, PA.
- 3. Harlan, M.D., Tuite P.K., Kennell, J.S., Lucas, W., Choi, J.Y., & Chin, V. (2019, March). A Quality Improvement Initiative to Identify Barriers to Adherence to Evidence-Based Bundles for Central Line Maintenance. [Poster]. Sigma Theta Tau International Eta Chapter Scholars' Night. Pittsburgh, PA.
- 4. Harlan, M.D., Tuite, P.K., Kennell, J.S., Lucas, W., Choi, J.Y., & Chin, V. (2019, October). *Reducing Central Line-Associated Bloodstream Infections by Increasing Nurses' Adherence to Bundles for Central Line* Maintenance. [Podium]. Washington Regional Nursing Research Consortium. Washington, D.C.
- 5. Harlan, M., Perpetua, Z., Hudack, C., Yen, A., Sherwood, P. (2024, April). Development and Implementation of a Mentorship Program for Nursing Students and Graduate Nurses. [Poster]. Sigma Eta Chapter Scholars' Night. Pittsburgh, PA.

Other Presentations

- 1. Harlan, M.D. (2013, April). *Health Workshop 1: Basic Health Knowledge*. Camino Global Community Health Education Seminar. [Podium]. Ixtapaluca, Mexico.
- 2. Harlan, M.D. (2013, April). *Health Workshop 2: Nutrition and Exercise*. Camino Global Community Health Education Seminar. [Podium]. Ixtapaluca, Mexico.
- 3. Harlan, M.D. (2013, April). *Health Workshop 3: Basic First Aid*. Camino Global Community Health Education Seminar. [Podium]. Ixtapaluca, Mexico.
- Harlan, M.D., O, Loughlin, V., Skrovanek, E., Torgerson, S., Perpetua, Z., Hudack, C., & Sherwood, P. (2022, November). *Development and Implementation of a Mentoring Program for Nursing Students and Graduate Nurses*. West Penn Hospital Professional Development Fair. [Poster]. Pittsburgh, PA.

 Harlan, M.D., O, Loughlin, V., Skrovanek, E., Torgerson, S., Perpetua, Z., Hudack, C. & Sherwood, P. (2023, May). *Development and Implementation of a Mentoring Program for Nursing Students and Graduate Nurses*. West Penn Hospital Professional Development Fair. [Poster]. Pittsburgh, PA.

Teaching

Primary Teacher

| Term / Years | Course Number & Title | No. of Students | Level | Didactic or Clinical |
|-------------------|--|--------------------|-----------|----------------------------|
| Fall/3 Years | NUR 0090 Foundations of Nursing Practice I Clinical | 187 | Sophomore | Clinical |
| Spring/4 Years | NUR 0092 Nursing Management of Acute and Chronic Health Problems Clinical | 179 | Sophomore | Clinical |
| Summer/1 Year | NUR 1134: Transition into Professional Nursing Practice | 31 | Senior | Didactic |

Instructor

| Term / Years | Course Number & Title | No. of Students | Level | Didactic or Clinical |
|-----------------|---------------------------------------|--------------------|-----------|----------------------------|
| Fall/2 | NUR 0080c Foundations of Nursing | 8 | Sophomore | Clinical |
| Years | Practice I | | | |
| Spring/3 | NUR 0082c Nursing Management of Acute | 8-16 | Sophomore | Clinical |
| Years | and Chronic Health Problems Clinical | | | |
| Fall/2 | NUR 0090: Foundations of Nursing | 8-28 | Sophomore | Clinical |
| Years | Practice I | | | |
| Spring/4 | NUR 0092 Nursing Management of Acute | 8-16 | Sophomore | Clinical |
| Years | and Chronic Health Problems Clinical | | | |
| Fall/3 | NUR 1282c Adult Acute and Chronic | 7-8 | Sophomore | Clinical |
| Years | Health Problems Clinical | | | |
| Spring/1 | NUR 1020 Advanced Nursing Management | 8 | Junior | Clinical |
| Year | of Acute and Chronic Health Problems | | | |
| | Clinical | | | |
| Summer/2 | NUR 1020 Advanced Nursing Management | 6-7 | Junior | Clinical |
| Years | of Acute and Chronic Health Problems | | | |
| | Clinical | | | |
| Spring/1 | NUR 1061 Independent Study | 1 | Senior | Didactic |
| Year | | | | |

| Fall/1 Year | NUR 1120c Advanced Nursing Management of Acute and Chronic Health Problems Clinical | 8 | Junior | Clinical |
|-------------------|---|-----|----------|----------|
| Summer/1 Year | NUR 1120c Advanced Nursing | 7 | Junior | Clinical |
| rear | Management of Acute and Chronic Health Problems Clinical | | | |
| Summer/2 Year2 | NUR 1121c Advanced Clinical Problem Solving Clinical | 6 | Senior | Clinical |
| Fall/2 Years | NUR 1134c Transition into Professional Nursing Practice Clinical | 5-6 | Senior | Clinical |
| Spring/1 Year | NURCNS 3039 DNP CNS Role Practicum | 1 | Graduate | Clinical |

Lecturer / Guest Lecturer

| Term/Years | | No. of | | |
|--------------|--------------------------|----------|-----------|----------------------------|
| | Course Number & Title | Students | Level | Topic of Lecture |
| Fall/1 Year | NUR 0001 First Year | 25 | Freshman | Expert panelist for |
| | Seminar | | | discussion about advanced |
| | | | | practice nursing |
| Summer/1 | NUR 0020 | 1 | BSN | Alterations in GI Function |
| Year | Pathophysiologic | | | |
| | Foundations of Nursing | | | |
| | Care | | | |
| Fall/2 Years | NUR 0020 | 188 | BSN | Alterations in GI Function |
| | Pathophysiologic | | | |
| | Foundations of Nursing | | | |
| | Care | | | |
| Summer/1 | NUR 0020 | 1 | BSN | Diabetes |
| Year | Pathophysiologic | | | |
| | Foundations of Nursing | | | |
| | Care | | | |
| Fall/2 Years | NUR 0020 | 188 | BSN | Diabetes |
| | Pathophysiologic | | | |
| | Foundations of Nursing | | | |
| | Care | | | |
| Fall/2 Years | NUR 0051 Introduction to | 90 | Freshmen | Cost, Quality and Access |
| | Professional Nursing | | | to Health Care Around the |
| | | | | Globe |
| Fall/1 Year | NUR 0051 Introduction to | 50 | Freshmen | Global Health: Nursing in |
| | Professional Nursing | | | South America and Haiti |
| Fall/2 Years | NUR 0082c Nursing | 30 | Sophomore | Management of the |
| | Management of Acute and | | | Patient with Upper GI |
| | Chronic Health Problems | | | Disorders |
| Spring/2 | NUR 0082c Nursing | 16 | Sophomore | Management of the |

| Year2 | Management of Acute and Chronic Health Problems | | | Patient with Upper GI Disorders |
|-------------------|--|----|-----------|--|
| Fall/5 Years | NUR 1121 Advanced Clinical Problem Solving | 90 | Senior | Organ Transplantation |
| Spring/4 Years | NUR 1121 Advanced Clinical Problem Solving | 90 | Senior | Organ Transplantation |
| Summer/4 Years | NUR 1121 Advanced Clinical Problem Solving | 30 | Senior | Organ Transplantation |
| Spring/3 Years | NUR 1281 Foundations of Nursing Practice 1 | 25 | Sophomore | Designing Quality Improvement Initiatives |
| Fall/2 Years | NUR 1990 Senior Seminar | 40 | Senior | Designing Quality Improvement Initiatives |
| Spring/4 Years | NUR 1990 Senior Seminar | 20 | Senior | Designing Quality Improvement Initiatives |
| Summer/2 Years | NUR 1990 Senior Seminar | 6 | Senior | Designing Quality Improvement Initiatives |

<u>Mentorship</u>

Undergraduate Nursing Projects

| Student | Project Title | Committee status member/ chair | Years inclusive | Professional trajectory (current position) |
|--------------------|--|---|--------------------|--|
| Alissa Yen | Development and Implementation of a Mentoring Program for Nursing Students and Graduate Nurses | Mentor | 1 | Undergraduate Research Mentorship Program Student, BSN Program |
| Christoph Hudak | Development and Implementation of a Mentoring Program for Nursing Students and Graduate Nurses | Mentor | 1 | Undergraduate Research Mentorship Program Student, BSN Program |
| Christoph Hudak | Use of Cognitive Rehearsal to Increase Self-Efficacy in Nursing Students Caring for Aggressive Patients | Mentor | 3 | Undergraduate Research Mentorship Program Student, BSN Program |
| Valerie Chin | A Quality Improvement Initiative to Identify Barriers to Adherence to an Evidence-Based Bundle for Central | Mentor | 1 | Undergraduate Research Mentorship |

| Line Maintenance | Program Student, |
|------------------|------------------|
| | BSN Program |

Doctor of Nursing Practice Projects

| Student | DNP Project Title | Committee | Years | Professional |
|---------------|----------------------------------|-----------|--------|--------------|
| | | Status | | Trajectory |
| Megan | Implementation of Nursing & | Committee | 2023- | CNS |
| Douglas | Provider Education on Severe | Member | 2024 | |
| | Hyperglycemia to Increase | | | |
| | Notification of Blood Glucose | | | |
| | >300 mg/dL and Decrease | | | |
| | Subsequent Duration of Blood | | | |
| | Glucose >180 mg/dL | | | |
| Jessica | The Impact of a Customized De- | Committee | 2022 - | HSEL |
| Lazzeri | escalation Training Program on | Member | 2023 | |
| | the Management of Workplace | | | |
| | Violence in Obstetrics | | | |
| Dina | Decreasing CLABSI Rates on | Committee | 2022 - | HSEL |
| Schnurman | Inpatient Pediatric Units | Member | 2023 | |
| Zachary | Improving Staff Nurse | Committee | 2021 - | HSEL |
| Perpetua | Advancement and Growth | Member | 2023 | |
| | Through a Professional | | | |
| | Mentorship Program | | | |
| Emily Matone | End-of-life Care Discussions in | Committee | 2020 - | CNS |
| | the ICU: Examining the Addition | Member | 2021 | |
| | of a Transition to Comfort | | | |
| | Measures Only Guide for Critical | | | |
| | Care Providers | | | |
| Elisa Laird | A Culturally Tailored | Committee | 2019 - | CNS |
| | Educational Intervention to | Member | 2020 | |
| | Improve Diabetes Management | | | |
| | Among Hispanic Adults | | | |
| Dawn Pajerski | Reducing Catheter Associated | Committee | 2018 - | CNS |
| | Urinary Tract Infection Rates | Member | 2020 | |
| | Using a Best Practice Guideline | | | |

<u>Service</u>

Community Activities

- 2017 2019Casa San JoseTranslator for Hispanic immigrants seeking medical and legal services
- 2017 2019 Reach Across

Home furnishing donations coordinator for Somalian Refugees

International Activities

| 2010 | Project MediShare, Port Au Prince, Haiti Charge Nurse - Managed emergency department and medical surgical unit Staff Nurse - Managed care of 30 surgical and trauma earthquake victims | |
|----------------------------------|--|--|
| SON Committees | | |
| 2019 – Present 2020 – Present | BSN Council Back-Up Chair | |
| 2019 - Present | DNP Council | |
| 2022 – Present | Evaluation and Steering Committee, DNP Council Representative | |

I certify that this curriculum vitae is a current and accurate statement of my professional record.

Signature: Melissa D. Harlan

Date: October 21, 2024